

Rush

拍數: 32 牆數: 4 級數: Improver
編舞者: Hiroko Carlsson (AUS) - November 2023
音樂: Rush - Wiztoni : (Apple Music/ Deezer/ Spotify)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(16 counts intro weight on L foot)

[S1] Paddle 1/4L, 2x Paddle 1/8L, Side Shuffle, Behind Rock-1/8L

1 2 Step/touch forward on R, Make a ¼ turn left recover weight on L (9:00)
3&4& Step/touch forward on R, Make a ⅛ turn left recover weight on L, Step/touch forward on R,
 Make a ⅛ turn left recover weight on L (6:00)
5&6 Side shuffle to the right on R-L-R
7&8 Rock L behind R, Replace weight on R, Make a ⅛ turn left stepping back on L (4:30)

[S2] Flick-Touch, Flick, Back Rock-Fwd, Fwd, Cross-1/8R-Coaster Step

&1 2 Flick R toe to the right, Point R forward, Flick R toe to the right
3&4 Rock back on R, Replace weight on L, Step forward on R
5 6& Step forward on L, Cross R over L, Make a ⅛ turn right stepping back on L (6:00)
7&8 Step back on R, Step L next to R, Step forward on R

[S3] Paddle 1/4L, 2x Paddle 1/8L, Cross-Samba, Cross-Side-Back w/ Sweep-

1 2 Step/touch forward on L, Make a ¼ turn right recover weight on R (9:00)
3&4& Step/touch forward on L, Make a ⅛ turn right recover weight on R, Step/touch forward on L,
 Make a ⅛ turn right recover weight on R (12:00)
5&6 Cross L over R, Rock R to the side, Replace weight on L
7&8 Cross R over L, Step L to the side, Step back on R sweeping L around

-Restart + step change here on Wall 4

[S4] -Behind-Point, Behind-Side-Cross w/ Sweep, Cross, 1/4L Back-Lock-Back, Drag & Switch

1 2 Step L behind R, Point R to the side
3&4 Step L behind R, Step R to the side, Cross L over R sweeping R around
5 Cross L over R making a ¼ turn left (9:00)
6&7 Step back on R, Lock L over R, Step back on R
8 Drag L towards R foot and switch weight on L

Restart on Wall 4 count 16 with step change (9:00) -Dance up to S2 count 7&, touch R next to L on count 8.

Ending suggestion: The last wall ends facing 6:00, make a ½ turn left stepping back on R.

(updated: 15/Nov/23)