

EZ and Fabulous

拍數: 32 牆數: 2 級數:
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音樂: Fabulous - C.U.T.



[1-8] R toe strut (facing left diagonal), L toe strut, R touch forward, R touch side, R 1/4 turn sailor step.

- 1-4 While facing 10 o'clock: Touch R toe forward, step R heel down, touch L toe forward, step L heel down.
5,6 Touch R toe forward, touch R toe to right side.
7&8 While making a ¼ turn right: Step R behind L, Step L to left side, Step R to right side (now facing 2 o'clock).

[9-16] L toe strut (facing right diagonal), R toe strut, L forward touch, L side touch, L 1/8 turn sailor step.

- 1-4 While facing 2 o'clock: Touch L toe forward, step L heel down, touch R toe forward, step R heel down.
5,6 Touch L toe forward, touch L toe to left side.
7&8 While making a 1/8 turn left: Step L behind R, Step R to right side, Step L to left side (now facing 12 o'clock).

[17-24] Touch R to right side, hold, touch L to left side, hold, syncopated RL heel switches, ball step R, step forward L.

- 1-4 Touch R toe to right side, hold, touch L toe to left side, hold.
&5&6 Step L next to R, touch R heel forward, step R next to L, touch L heel forward.
&7, 8 Step ball of L next to R, step forward on R, step forward on L.

[25-32] Paddle R 1/4 turn x2, cross R, step L back, Side R rock recover.

- 1-4 Paddle turn- While keeping weighted on L, rock R to right side recover on L while bringing R knee up to make 1/4 turn left over 2 counts, repeat. (now facing 6 o'clock)
5,6 Cross R over L, Step back on L.
7,8 Step R to right side, recover weight on L (while angling body toward 10 o'clock).
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