

# Last Time

拍數: 32                      牆數: 2                      級數: Absolute Beginner  
編舞者: Yvonne M Anderson (UK) & Debbie Mabbs (UK) - November 2023  
音樂: Last Time - Becky Hill



**Intro: 16 counts – (approx. 8secs) - No Tags, No Restarts**

**R SIDE CHASSE, L ROCK BACK, R RECOVER, L SIDE CHASSE, R ROCK BACK, L RECOVER**

1&2                      Step right to right side, step left beside right, step right to right side  
3-4                      Rock back on left, recover forward on right  
5&6                      Step left to left side, step right beside left, step left to left side  
7-8                      Rock back on right, recover forward on left

**MONTEREY ¼, ROCKING CHAIR**

1-2                      Point right to right side, turn ¼ right on left, Step right beside left  
3-4                      Point left to left side. Step left beside right  
5-6                      Rock forward on right, recover on left  
7-8                      Rock back on right, recover on left

**WALK FORWARD R,L,R, TOUCH L FORWARD, WALK BACK L,R,L, TOUCH R**

1-2                      Walk forward right, walk forward left,  
3-4                      Walk forward right, touch left forward  
5-6                      Walk back left, walk back right  
7-8                      Walk back left, touch right beside left

**HIP BUMPS X 2, JAZZ BOX ¼ TURN**

1&2                      Step right to right side, hip bump right, left, right  
3&4                      Step left to left side, hip bump left, right, left  
5-6                      Cross step right over left, step back on left  
7-8                      ¼ turn right stepping forward on right, step forward on left

**Start Over**

**No Tags or Restarts**

Have fun and enjoy ☐

Thank you to Dianna Fisher for recommending the music and to Debbie Mabbs for her contribution and her guidance on my very first choreography.

Last Update - 14 Nov. 2023 - R1

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