

Ai Shen De Jian (爱神的箭)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Melvin Tan (MY) - November 2023
音樂: Ai Shen De Jian (愛神的箭) - Peggy Lai (賴冰霞)



Dance Start after 8 counts

INTRO & ENDING: STATIONARY RUNNING STEPS – FORWARD TOUCH & HOLD – HIP BUMPS TWICE

1&2&3&4& Run on the spot on RF & LF for 8 times, weight ends on LF

(Styling: Open both arms to side & slowly draw them close to chest)

5 6 Slightly touch RF forward & Hold (Pose: Rest chin gently on R hand & Left hand supporting your right elbow)

7 8 Do R hip bump twice

SEC 1: TOUCH BEHIND SIDE CROSS (R&L)

1 2 3 4 Touch R Toe To R, Step RF Behind LF, Step LF To L, Cross RF Over LF

5 6 7 8 Touch L Toe To L, Step LF Behind RF, Step RF To R, Cross LF Over RF

SEC 2: TOUCH ROCK RECOVER 1/2 R TURN (R&L)

1 2 3 4 Touch R Toe To R, Cross RF Over LF, Recover On LF, 1/2 R Turn Step RF Forward

5 6 7 8 Touch L Toe To L, Cross LF Over RF, Recover On RF, 1/2 L Turn Step LF Forward

(Restart Here During Wall 3 Facing 6:00)

SEC 3: HITCH CROSS SHUFFLE (R&L)

1 2 3 4 Hitch RF Up, Cross RF Over LF, Step LF To L, Cross RF Over LF

5 6 7 8 Hitch LF Up, Cross LF Over RF, Step RF To R, Cross LF Over RF

SEC 4: CROSS POINT (R&L) ROCK RECOVER 3/4 R TURN

1 2 3 4 Cross RF Over LF, Touch L Toe To L, Step LF Back, Touch R Toe To R

5 6 7 8 Rock RF Forward, Recover On LF, 1/2 R Turn Step RF Forward, 1/4 R Turn Step LF To L

SEC 5: OUT IN SIDE TOUCH (R&L)

1 2 3 4 Touch R Toe To R, Touch R Toe Beside LF, Step RF To R, Touch L Toe Beside RF

5 6 7 8 Touch L Toe To L, Touch L Toe Beside RF, Step LF To L, Touch R Toe Beside LF

SEC 6: WALKX3 HITCH, L ROLLING VINE BACKWARDS

1 2 3 4 Step RF Forward, Step LF Forward, Step RF Forward, Hitch LF Up

5 6 7 8 1/2 L Step LF Forward, 1/2 Turn L Step RF Back, Step LF Back, Touch R Toe Beside LF

SEC 7: KICK CROSS SHUFFLE (R&L)

1 2 3 4 Kick RF Diagonal Out, Cross RF Over LF, Step LF To L, Cross RF Over LF

5 6 7 8 Kick LF Diagonal Out, Cross LF Over RF, Step RF To R, Cross LF Over RF

SEC 8: ROCK RECOVER, BACK SHUFFLE, 1/2 L TURN FORWARD SHUFFLE, ROCK RECOVER

1 2 3&4 Rock RF Forward, Recover on LF, Step RF Back, LF On Ball Beside RF, Step RF Back

5&6 7 8 1/2 L Turn Step LF Forward, RF On Ball Beside LF, Step LF Forward, Rock RF Forward, Recover on LF

Restart At Wall 3 After 16 Counts Facing 6:00

ENJOY!

Contact: melvin8888@gmail.com

