

Hope You Dance

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Carol-Ann Ramsay (USA) - June 2023
音樂: I Hope You Dance - Gladys Knight : (Amazon)



Start after 32 cts on vocal

[1-8] SHUFFLE, ROCK, RECOVER, SHUFFLE, ROCK, RECOVER

1&2,3,4, Shuffle right, R, L, R (1&2), rock L back, recover on R (3,4)
5&6,7,8 Shuffle left, L,R,L, (5&6), rock R back, recover on L (8)

[9-16] STEP, TOUCH, STEP, TOUCH, ¼ SAILOR, STEP, TOUCH

1-4 Step on R (1), touch L forward in front of R (2), step on L (3), touch R forward in front of L (4)
5&6 Making ¼ turn right, sweep R back stepping R back (5), Step L next to R (&), step forward on R (6)
7,8 Step on L (7), touch R next to L (8) * Tag Wall 7

[17-24] CROSS, BACK, BACK, CROSS, BACK, BACK, L LOCK, R LOCK

1&2 Cross R over L (1), step L back (&), step R back (2)
3&4 Cross L over R (3), step R back (&), step L back (4)
5&6 Step forward R (5), Lock L behind (&), Step R back (6)
7&8 Step forward L (7), Lock R behind (&), Step L back (8)

[25-32] MAMBO, COASTER, 4 SWAYS

1&2 Step R forward (1), step on L (&) step R next to L (2)
3&4 Step L back (3), step R back next to L (&), step L forward (4)
5-8 Step on R and sway R,L,R,L (5-8)

Tag: On WALL 7

1-4 Step on R, sway R,L,R,L (1-4)

Choreographer: Carol-Ann Ramsay BDA -Bermuda Dance Association
"Why walk when you can dance!"

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