

# Upstream

COPPERKNOB  
BY STEPHANETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Maxim Peeters (BEL) - November 2023  
音樂: Swimming Upstream - Gerry Guthrie



(no tag, no restart)

Final: Replace the first 2 counts of the 3th part by pivot  $\frac{1}{4}$  in wall 7

## RUMBA BOX LEFT FWD

- 1 LF step side
- 2 RF step by LF
- 3 LF step forward
- 4 RF step by LF
- 5 RF step side
- 6 LF step by RF
- 7 RF step back
- 8 LF step by RF

## SLOW CHASSE, HOLD, ROCK $\frac{1}{4}$ , HOLD

- 1 LF step side
- 2 RF step by LF
- 3 LF step side
- 4 hold
- 5 RF rock forward
- 6 LF recover
- 7 RF step  $\frac{1}{4}$  to the right forward
- 8 hold

## PIVOT $\frac{1}{2}$ , PIVOT $\frac{1}{4}$ , WEAVE

- 1 LF step forward
- 2 L&R  $\frac{1}{2}$  turn to the right
- 3 LF step forward
- 4 L&R  $\frac{1}{4}$  turn to the right
- 5 LF step over RF
- 6 RF step side
- 7 LF step cross behind RF
- 8 RF step side

## CROSS ROCK, SIDE, HOLD, CROSS ROCK $\frac{1}{4}$ , HOLD

- 1 LF step cross over RF
- 2 RF recover
- 3 LF step side
- 4 hold
- 5 RF step cross over LF
- 6 LF recover
- 7 RF  $\frac{1}{4}$  step to the right
- 8 hold

## SLOW VAUDEVILLE x2

- 1 LF step cross over RF
- 2 RF step side slightly

- 3 LF heel touch next RF
- 4 LF recover to centre
- 5 RF step cross over LF
- 6 LF step side slightly
- 7 RF heel touch next to RF
- 8 RF recover to centre

**CROSS SHUFFLE, HOLD, VINE ¼, HOLD + CLAP**

- 1 LF step cross over RF
- 2 RF step by LF
- 3 LF step cross over RF
- 4 hold
- 5 RF step side
- 6 LF step cross behind RF
- 7 RF ¼ step to the right
- 8 hold + clap

**PIVOT ½, STEP ½ TURN, HOLD, SAILOR ¼, HOLD**

- 1 LF step forward
- 2 L&R ½ turn to the right
- 3 LF step ½ turn back to the right
- 4 hold
- 5 RF ¼ turn to the right behind LF
- 6 LF step side
- 7 RF step next to LF
- 8 hold

**KICK BALL FLICK, POINT, FLICK, STEP, FLICK**

- 1 LF kick forward
  - 2 LF step next tot RF
  - 3 RF flick cross behind left leg
  - 4 RF point to the side
  - 5 RF flick cross behind left leg
  - 6 RF step side
  - 7 LF flick cross behind right leg
  - 8 hold
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