

Temani Aku (Forever)

拍數: 64 牆數: 4 級數: Improver
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音樂: Temani Aku - Sheila On 7



Start on the lyrics

S1 TOE TOUCH, HEEL TOUCH, CROSS, TOE TOUCH (R&L)

1 2 Touch R toe close to LF with knee inside, touch R heel to R diagonal
3 4 Cross RF over LF, touch L toe to L side
5 6 Touch L toe close to RF with knee inside, touch L heel to L diagonal
7 8 Cross LF over RF, touch R toe to R side

S2 SAILOR STEP, WALK, BRUSH, VINE

1 & 2 Step RF backward while $\frac{1}{4}$ turn R (3:00), close LF to RF, step RF forward
3 4 Step LF forward, kick forward RF sweeping floor with ball
5 6 Step RF to R, cross LF behind RF
7 8 Step RF to R, touch LF to L

S3 ROLLING VINE, K STEP

1 2 Step LF in place, step RF to R while $\frac{1}{2}$ turn L
3 4 Step LF to L while $\frac{1}{2}$ turn L, touch RF in place
5 6 Step RF diagonal forward, close LF to RF
7 8 Step LF diagonal backward, close RF to LF

S4 K STEP, HIP BUMPS

1 2 Step RF diagonal backward, close LF to RF
3 4 Step LF diagonal forward, close RF to LF
5 6 Step RF to R with body weight transfer to R, body weight transfer to L
7 8 Body weight transfer to R, body weight transfer to L

S5 STEP TOUCH, STEP HOOK, PADDLE

1 2 Step RF forward, touch L toe behind RF
3 4 Step LF backward, bending knee, cross RF over LF
5 6 Step RF forward on ball, $\frac{1}{4}$ turn L, weight on LF (12:00)
7 & 8 Step RF forward on ball, $\frac{1}{4}$ turn L, weight on LF (9:00)

S6 WEAVE

1 2 Cross RF over LF, step LF to L
3 4 Cross RF behind LF, touch LF to L
5 6 Cross LF over RF, step RF to R
7 8 Cross LF behind RF, touch RF to R

S7 WALK, UNWIND, KICK RL

1 2 Step RF forward, cross LF behind RF
3 4 $\frac{1}{2}$ turn L in 2 counts (3:00)
5 6 Kick RF over LF, back together
7 8 Kick LF over RF, back together

S8 KICK, STEP BACK, LOOK BACK, RECOVER, CHASSE

1 2 Kick RF over LF, step RF backward
3 4 Head look backward, recover weight on LF, look forward

5 & 6 Step RF to R with $\frac{1}{4}$ turn L (6:00), close LF to RF, step RF to R
7 & 8 Step LF to L with $\frac{1}{4}$ turn L (9:00), close RF to LF, step LF to L

RESTART on wall 4 after 16 counts with step change on count 16: step LF close to RF

TAG after wall 2, 8 counts:

1 2 Step R toe forward, back together
3 4 Step L toe forward, back together
5 6 7 8 Free pose
