

# Pick Up the Phone

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Moe Qureshi (USA) - November 2023  
音樂: Phone (feat. Sam Tompkins & Em Beihold) - Meduza



**Dance Start When Artists says the word Something**

**Section 1 {1-8}: Side Rock R, R crossing shuffle , Side Rock L, Behind side Forward**

1-2            Rock out to the R side, Recover on L  
3&4           R Crossing Shuffle ( cross R over L, Step L to side, Cross R over L)  
5-6            Rock L out to side, Recover on R  
7&8            L being R, R to R side, L forward

**Section 2{9-16}: Triple Step Forward R,L,R, Step Forward L, Pivot ½ over R shoulder, Triple Step L,R,L, R Mambo Step.**

1&2            Triple Step Forward R,L,R  
3-4            Step Forward on L, Pivot ½ over R shoulder  
5&6            Triple Step L,R,L  
7&8            Rock Forward on R, Recover on L, Step back on R

**Section 3 {17-24}: Step Forward on L, Hold, Heel bounces x2 ¼ R, Hip Sways**

1-2            Step Forward on L, Hold  
3-4            Heel Bouce x2 while doing a ¼ turn over R shoulder  
5-8            Sway hip R, Sway hip L, Sway hip R, Sway hip L weight on L

**Section 4 {25-32}: Sailor Step X2, Jazz Box**

1&2            Cross R behind L, step L to L side, step R to R side  
3&4            Cross L behind R, Step R to R side, Step L to L side  
5-8            Cross R over L, Step L back, step R to Side, Cross L over R.

**Tag Happens Here on Wall 8 after 32 counts are done**

**Tag 4 Counts: V step**

1-4            Step R to R diagonal, Step L to L diagonal, Return R to center, Step L next to R.

**Lets Dance! Have Fun!**

**Contact Moequreshi11@gmail.com**

**Last Update – 15 Nov. 2023 – R2**