

Pop

拍數: 32 牆數: 4 級數: Improver
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音樂: Pop - *NSYNC



Introduction: 10 Counts

R WIZARD, STEP L, HEEL BOUNCE, L WIZARD, STEP R, HEEL BOUNCE

1-2& Step RF Fwd on R Diagonal (1), Lock LF behind RF (2), Step RF Fwd on R Diagonal (&)
3&4 Close LF next to R (3), Lift Heels Up (&), Place Heels Down with Weight on RF (4)
5-6& Step LF Fwd on L Diagonal (5), Lock RF behind LF (6), Step LF Fwd on L Diagonal (&)
7&8 Close RF next to L (7), Lift Heels Up (&), Place Heels Down with Weight on LF (8)

R BACK DIAGONAL – TOUCH L, L BACK DIAGONAL – TOUCH R, ¾ R TOE TAPS TURN

1-2 Step RF Back on Diagonal (1), Tap LF next to R (2)
3-4 Step LF Back on Diagonal (3), Tap RF next to L (4)
&5&6&7&8 Step RF ¼ R (&), Tap LF next to R (5), Step LF 1/8 L (&), Tap RF next to L (6), Step RF 1/8 R (&), Tap LF next to R (7), Step LF to L side ¼ (&), Tap RF next to L (8) – (Series Turns Clockwise)

SIDE R, BEHIND L, SIDE R, HEEL L, BALL STEP L – CROSS R, SIDE L, BEHIND R&, STEP BACK ¼ L HIP TWIST TO R

1-2 Step RF to R side (1), Cross LF behind R (2)
&3&4 Step RF to R side (&), Place L Heel Fwd on Diagonal (3), Close LF next to R (&), Cross RF over L (4)
5-6& Step LF to L side (5), Cross RF Behind (6), Step LF Back ¼ (&)
7&8 Step Ball of RF in front of L (7), Twist Heels up and to the right (&), recover down with weight on LF (8)

R COASTER STEP, ROCK L-RECOVER R, ½ CHUG L, ¼ STEP L & FLICK R

1&2 Step RF Back (1), Close LF next to R (&), Step RF Fwd (2)
3-4 Rock Fwd onto LF (3), Recover Back onto RF (4)
5&6&7& Press LF to L Side (5), Recover R with 1/6 L (&), Press LF to L Side (6), Recover R with 1/6 L (&), Press LF to L Side (7), Recover R with 1/6 L (&)
8 Step LF ¼ Fwd & Flick RF (8)

Last Update: 7 Nov 2023