

Blue Sayram Lake

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Diana Liang (CN)
音樂: Sai Li Mu Hu Lan (赛里木湖蓝) - Lin Bao (林寶)



Intro 32

S1: Back Sweep, Behind, 1/4R Forward, 1/4R Scissor, 1/4L Back. Back Hitching, Extend Forward, Lock Shuffle Forward Sweep

1-2& step Rf back sweeping Lf to back, cross Lf behind Rf, turn 1/4 to R stepping Rf forward, 3H
3&4 step Lf to L side, turn 1/4 to R stepping Rf next to Lf, 6H. cross Lf over Rf
5&6 turn 1/4 to L stepping Rf back, 3H, step Lf back hitching Rf, extend Rf forward
7&8& step Rf forward, lock Lf behind Rf, step Rf forward, sweep Lf from back to front

S2: Rocks, 1/4L Samba, forward, Lock Forward Shuffle, 1/4R samba, Cross

1&2& cross rock Lf over Rf, recover to Rf, rock Lf diagonal back, recover to Rf

Ends Here during W8, after turning 1/4 to R & stepping Lf to L side

3&4& cross Lf over Rf, Rock Rf to R Side, turn 1/4 to L recovering to Lf, 12H, step Rf forward
5&6 step Lf forward, lock Rf behind Lf, step Lf forward
7&8& step Rf forward, turn 1/4 to R rocking Lf to L side, 3H, recover to Rf, cross Lf over Rf

Optional Shoulders on 7&8&:

R should up/L down, R should down L up, R should up/L down, R should down L up

S3: Side, Cross Rock, 1/4 Forward, 3/4 Spiral, 1/4 Forward x2, 1/4L Run

1-2& step Rf to R side, cross rock Lf over Rf, Recover to Rf
3-4 turn 1/4 to L stepping Lf forward, 12H, Rf forward turning 3/4 L spiral, 3H
5-6. turn 1/4 to L stepping Lf forward, 12H, turn 1/4 to L stepping Rf forward, 9H
7&8. turn 1/4 to L running Lf forward, 6H, run Rf forward, run Lf forward

S4: Forward, Forward, Tap Behind, Back Sweeping RL, 1/4R sway. sway to L collecting Rf, 3/4R Curve Run

1-2& step Rf forward, step Lf forward, tap Rf behind Lf bending knees
3-4. step Rf back sweeping Lf back, step Lf back sweeping Rf back
5&6& turn 1/4 to R stepping Rf to R side, 9H. sway to R, sway to L, collect Rf to Lf
7&8& turn 1/4 to R running Rf forward, 12H, turn 1/6 to R running Lf forward, 2H, turn 1/6 to R running Rf forward, 4H, turn 1/6 to R running Lf forward, 6H

Tag @ End of W4: Back Sweeping Back, Rock Back, Recover Sweeping Forward, Forward, Tap Behind

1-2 step Rf back sweeping Lf back, rock Lf back
3-4& recover to Rf sweeping Lf forward, step Lf forward, tap Rf behind Lf

Thanks and happy dancing!

Contact: procankm@hotmail.com