

Hola

拍數: 48 牆數: 2 級數: Phrased Improver
編舞者: Miko Yamamoto (INA) & Oshin Vindra (INA) - October 2023
音樂: Hola - Saykoji



NOTE :

A (16 count)

B (32 count)

Intro Music : 32C

PHRASE A (16 counts)

SECTION 1 : FWD (R-L) - FWD MAMBO - BACK (L-R) - FWD MAMBO

1 - 2 Step forward on R - L
3 & 4 Step R forward - Recover on L - Step R back
5 - 6 Step back on L - R
7 & 8 Step L back - Recover on R - Step L forward

SECTION 2 : PIVOT ½ TURN LEFT - PIVOT ¼ TURN LEFT - V STEP

1 - 2 Step R forward - ½ Turn left Recover on L (facing on 06.00)
3 - 4 Step R forward - ¼ Turn left Recover on L (facing on 03.00)
5 - 8 Step R forward diagonal - Step L forward - Step R back to center - Step L together

PHRASE B (32 Counts)

SECTION 1 : DIAGONAL FORWARD & TOUCH (R-L) - DIAGONAL BACK & TOUCH (R-L)

1 - 2 Step R forward diagonal (facing on 01.00) - Touch L beside R
3 - 4 Step L forward diagonal (facing on 11.00) - Touch R beside L
5 - 6 Step R back diagonal (facing on 05.00) - Touch L beside R
7 - 8 Step L back diagonal (facing on 07.00) - Touch R beside L

SECTION 2 : SCISSORS STEP (R-L)

1 - 4 Step R to right side - Step L together - Cross R over left - Hold
5 - 8 Step L to left side - Step R together - Cross L over right - Hold

SECTION 3 : CHARLESTON (R-L)

1 - 4 Touch R forward with sweeping on RF - Hold - Touch R back with sweeping on RF - Hold
5 - 8 Touch L back with sweeping on LF - Hold - Touch L forward with sweeping on LF - Hold

SECTION 4 : NY STEP AND TURN

1 - 2 Cross R over left - Recover on L
3 - 4 ¼ Turn right Step R to right side (facing on 03.00) - Hold
5 - 6 Cross L over right - Recover on R
7 - 8 Step L to left side - Hold

ENDING STEPS

PIVOT (4 Counts)

1 - 2 Step R forward - ½ Turn left Recover on L
3 - 4 Styling free hand (Open your hand R-L)

Thank you so much...

Enjoy your dance ☐

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