

# B Positive

拍數: 64      牆數: 2      級數: High Improver  
編舞者: Daniel Trepát (NL) & Kate Sala (UK) - November 2023  
音樂: Make You Believe - Rex



**Intro: 32 counts from first beat in music (app. 15 seconds into track)**

**[1 – 8] Diagonal Step R L, Shuffle R Diagonal, Diagonal Step L R, Shuffle L Diagonal**

1 – 2      Step R diagonally R forward (1), Step L diagonally L forward (2) 12:00  
3&4      Step R diagonally R forward (3), Step L next to R (&), Step R diagonally R forward (4) 12:00  
5 – 6      Step L diagonally L forward (5), Step R diagonally R forward (6) 12:00  
7&8      Step L diagonally L forward (7), Step R next to L (&), Step L diagonally L forward (8) 12:00

**[9 – 16] Jazz Box ¼ Turn R, Cross, Step R, Point L, Step L, Flick**

1 – 4      Cross R over L (1), Turn ¼ R stepping L back (2), Step R to R side (3), Cross L over R (4) 3:00  
5 – 8      Step R to R side (5), Point L to L side (6), Step L to L side (7), Flick R behind L (8) 3:00

**[17 – 24] Turning Vine R, Cross, Chassé R, Rock Step**

1 – 4      Turn ¼ R stepping R forward (1), Turn ½ R stepping L back (2), Turn ¼ R stepping R to R side (3), Cross L over R (4) 3:00  
5&6      Step R to R side (5), Step L next to R (&), Step R to R side (6) 3:00  
7 – 8      Rock L back (7), Recover on R (8) 3:00

**[25 – 32] Scissor Step, ¼ Turn L, Step Back, Step L, Cross, Step L, Hold**

1 – 3      Step L to L side (1), Step R next L (2), Cross L over R (3) 3:00  
4 – 8      Turn ¼ L stepping R back (4), Step L to L side (5), Cross R over L (6), Step L to L side (7), Hold (8) 12:00

**[33 – 40] Close, Step L, Touch, Press R Diagonal Fwd, Touch, Press R Diagonal Back, Touch, 2x Chug ⅛ L**

&1 – 2      Step R next L (&), Step L to L side (1), Touch R next to L (2) 12:00  
3 – 6      Press R to R diagonal forward (3), Recover on L & touch R next to L (4), Press R to R diagonal back (5), Recover on L & touch R next to L (6) 12:00  
7&8&      Turn ⅛ L pressing R to R side (7), Recover on L (&), Turn ⅛ L pressing R to R side (8), Recover on L (&) 9:00

**[41 – 48] Weave L, Point L, Cross, ¼ Turn L, Step Back R L, Point R back**

1 – 4      Cross R over L (1), Step L to L side (2), Cross R behind L (3), Point L to L side (4) 9:00  
5 – 8      Cross L over R (5), Turn ¼ L stepping R back (6), Step L back (7), Point R back (8) 6:00

**[49 – 56] Cross Samba 2x, Step ¼ Turn L 2x**

1&2      Cross R over L (1), Step L to L side (&), Recover on R (2) (Cross samba travels forward) 6:00  
3&4      Cross L over R (3), Step R to R side (&), Recover on L (4) (Cross samba travels forward) 6:00  
5 – 8      Step R forward (5), Turn ¼ L stepping on L (6), Step R forward (7), Turn ¼ L stepping on L (8) 12:00

**[57 – 64] Cross Samba 2x, Step ¼ Turn L 2x**

1&2      Cross R over L (1), Step L to L side (&), Recover on R (2) (Cross samba travels forward) 12:00  
3&4      Cross L over R (3), Step R to R side (&), Recover on L (4) (Cross samba travels forward) 12:00

5 – 8            Step R forward (5), Turn  $\frac{1}{4}$  L stepping on L (6), Step R forward (7), Turn  $\frac{1}{4}$  L stepping on L  
(8) 6:00

**HAPPY DANCING AND B POSITIVE!**

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