

Down in the Valley

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner +
編舞者: Deborah O'Hara (CAN) - November 2023
音樂: Down in the Valley (Live) - Solomon Burke



NO TAGS NO RESTARTS

Start on c2 on word 'Down'

A big thank you to Elaine Cook, Jamie Marshall, Yovana Russell for being my feet in the endeavor. As I choreographed from my wheelchair.

Motto: Music is my therapy. Dance is in my DNA

Theme Song: NEVER GONNA NOT DANCE AGAIN

K STEP WITH FINGERS SNAPS

- 1-4 Step fwd R angle touch L to R instep, Step back L angle, touch R to L instep (snap fingers on touch)
- 5-8 Step back R on angle, touch L to R instep, Step fwd L angle, touch R to L instep (snap fingers on touch)

OPEN R SWIVEL L HEEL TOE HEEL TO R FT. STEP TOUCH 2X

- 1-4 Step open R (shoulder width) Swivel L heel toe heel towards R foot, while shrugging shoulders R,L,R,L
- 5-6 Step L. Dip as you touch R toe slightly across and front of L ft,
- 7-8 Step R, Dip as you touch L toe slightly across and front of R foot

VINE 1/4 TURN L w/BRUSH, 2 STEP TOUCHES FWD AND BACK

- 1-4 Open L, step R behind L, Step L 1/4 L. Brush R toe fwd on right angle
- 5-8 Step R fwd on angle, touch L to R instep, Step L angle back, touch R to L instep (use a dipping motion)

STEP FWD, HOLD, BOUNCE 3/8 L. STEP ON ANGLE FWD SWAY HIPS

- 1-4 Step fwd R, hold, (note you are already on angle from previous step) bounce heels 2x making 3/8 left (facing 6 o'clock)
- (keep weight on L)
- 5-8 Take tiny Step R fwd on angle pushing hip fwd, push hips back, fwd, back (feet stay grounded)

Deborah O'Hara (Dancing Debbie) dancingdebbie1951@yahoo.ca
youtube - Deborah O'Hara
Instagram - Dancing Debbie 1951