

Flowers

拍數: 56 牆數: 4 級數: Low Intermediate
編舞者: Roger (leftfoot) Hunter (USA) - November 2023
音樂: Flowers - Miley Cyrus



Intro-8 cts- Lyrics on Good Tags 2* Restarts 2**

S-1) Walk, Walk, Shuffle, Rock F&B

1,2 Step R forward(1)step L forward(2)
3&4 step R forward(3)step L next to R(&)step R forward(4)
5-8 rock forward on L(5)recover on R(6)rock back on L(7)recover on R(8)

S-2) Step Touch, Step Heel, Shuffle F, Step ½ L

1-4 step L forward(1)tap R behind L(2)step back on R(3) Touch L heel (4)
5&6 step L forward(5)step R next to L(&)step L forward(6)
7,8 step R forward(7)pivot ½ turn L on L(8)

S-3) Vine R W/Cross, Shuffle R, Rock Recover

1-4 step R to R(1)step L behind R(2)step R to R(3)cross L over R(4)
5&6 step R to R(5)step L next to R(&)step R to R(6)
7,8 rock back on L(7)recover on R(8)

S-4) Walk L,R,L, Point R, Shuffle Back R &L

1-4 step L forward(1)step R forward(2)step L forward(3)point R to R(4)
5&6 step back on R(5)step L next to R(&)step L back(6)
7&8 step L back(7)step R next to L(&)step L back(8)

S-5) Coaster Step, Shuffle F, Jazz Box ¼ R

1&2 step back on R(1)step back on L(&)step R forward(2)
3&4 step L forward(3)step R next to L(&)step L forward(4)
5-8 cross R over L(5)step L back(6)step R ¼ turn to R(7)cross L over R(8)

S-6) Shuffle ¼ R, Shuffle F, Heel & Heel x2

1&2 step R to R(1)step L next to R(&)step R ¼ R
3&4 step L forward(3)step R next to L(&)step L forward(4)
5&6& touch R heel forward(5)step R back(&)touch L heel forward(6)step L back(&)
7&8 touch R heel forward(7)step back on R(&)step L forward(8)

S-7) Shuffle Back, Shuffle ½, Shuffle ¼, Coaster Step*

1&2 Step back on R(1)step L next to R(&)step back on R(2)
3&4 step back on L ¼ L(3)step R next to L(&)step L ¼ L(4)
5&6 step R forward(5)step L ¼ L(&)step R to R(6)
7&8 step back on L(7)step back on R(&)step forward on L(8)

*Tag 1) rocking chair, step ½ x2, (wall 3)..

**Tag 2) step R to R, touch L next to R. step L ¼ L, touch R next to L, step R to R, touch L next to R, step L ¼ L, touch R next to L (wall 6)

**Restart after S-6(48 counts) on wall 1 (12:00) and after wall 5 (9:00)

Dance ends after 32 counts facing (12:00)

