

Ring Ring Remix

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ida Nst (INA) & Chok Fredo (INA) - November 2023
音樂: Ring Ring Remix (Liryc & Dance) ABBA



Intro Dance Vocal - No tag /2 Restart

Sec I: TOE STRUT WALK TO RIGHT - LINDY RIGHT

1 - 2 turn 1/8 right touch RF forward, step RF Forward
3 - 4 touch LF Forward, touch LF forward
5&6 step RF to side, step LF to next LF, step RF to side
7 - 8 rock LF back, recover RF Forward

Sec II: TOE STRUT WALK TO LEFT - LINDY LEFT

1 - 2 turn 1/8 left touch LF forward, step LF Forward
3 - 4 touch RF Forward, step RF forward
5&6 step LF to side , step RF to next LF, step LF to side
7 - 8 rock RF back, recover LF Forward

Sec III: TOE STRUT WITH TURN 1/ 2 LEFT TOE STRUT, ROCKING CHAIR

1 - 2 touch RF forward, turning 1/2 RF in place
3 - 4 touch LF Forward, LF in place
5 - 6 rock RF forward. recover on LF
7 - 8 rock RF back, recover on LF

Sec IV: TOE STRUT WITH TURN 1/2 LEFT, TOE STRUT, TURN 1/4 RIGHT JAZZ BOX

1 - 2 touch RF forward, turning 1/2 left RF in place
3 - 4 touch LF forward,, RF in place
5 - 6 step RF over LF, turn 1/4 right step LF back
7 - 8 step RF to side ,step LF forward

Restart here on wall 3 & 9 after 16 count

Enjoy the dance

Last Update: 2 Nov 2023