

Upside Down

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jeffrey Callejo (USA) - November 2023
音樂: Upside Down - Bailey Bryan



No tags or restarts!

S1 Rocking Chair, 1/4 Pivot, Stomp, Stomp

1, 2 (1) Step R forward, (2) Recover back onto L
3, 4 (3) Step R Back, (4) Recover forward onto L
5, 6 (5) Step R forward, (6) 1/4 Turn L placing weight on L
7, 8 (7) Stomp R in place, (8) Stomp L in place

S2 Step Lock, Step Touch x2

1, 2 (1) Step R to fwd diagonal, (2) Lock step L behind R
3, 4 (3) Step R to fwd Diagonal, (4) Touch L next to R
5, 6 (5) Step L to fwd diagonal, (6) Lock step R behind L
7, 8 (7) Step L to fwd diagonal, (8) Touch R next to L

*Counts 3, 4 and 7, 8 may be substituted as shuffling lock steps, making it counts 3&4 and 7&8

S3 Cross Rock, Recover, Side Shuffle, x2

1, 2 (1) Step R across L, (2) Recover back onto L
3&4 (3) Step R to side, (&) Step L next to R, (4) Step R to side
5, 6 (5) Step L across R, (6) Recover back onto R
7&8 (7) Step L to side, (&) Step R next to L, (8) Step L to side

S4 Jazzbox x2

1, 2 (1) Cross R over L, (2) Step L back
3, 4 (3) Step R to side, (4) Step L next to R
5, 6 (5) Cross R over L, (6) Step L back
7, 8 (7) Step R to side, (8) Step L next to R

Repeat

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