

Grave Yard Bop

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Absolute Beginner / Low Beginner
編舞者: Helaine Norman (USA) - October 2023
音樂: Monster Mash - KIDZ BOP Kids



Intro: Vocal

LINDY; SIDE HOLD, CROSS HOLD

1&2 Step R side, step L together, step R side
3-4 Rock L behind R, recover to R
5-6 Step L side, hold
7-8 Step R over L, hold

Optional styling for 5-6 & 7-8: STRUTS

5-6 Step L ball to L side and drop L heel
7-8 Step R ball over L and drop R heel.

Hold arms up and bend fingers forward and downward to look scary monster.

II. LINDY; 1/4 PIVOT L TURN

1&2 Step L side, step R together, step L side
3-4 Rock R behind L, recover to L
5-6 Step R forward making, hold
7-8 Step L making 1/4 turn left, hold (9:00)

III. STEP, FAN OUT-CENTER-OUT; STEP, FAN OUT-CENTER-OUT

1-4 Step R, fan R toes to R side, fan toes to center, fan toes to R side (weight to R)
5-8 Step L, fan L toes to L side, fan toes to center, fan toes to L side (weight to L)

IV. ROCKING CHAIR, 1/8 PIVOT L TURN X2

1-4 Rock R forward, recover to L, rock R back, recover to L
5-6 Step R forward making 1/8 pivot turn left, weight to L (7:00)
7-8 Step R forward making 1/8 pivot turn left, weight to L (6:00)

REPEAT

Helaine43@gmail.com

Last Update: 1 Nov 2023
