

Hello Mary-Lou

COPPER KNOB
STEPSHEETS

拍數: 16 牆數: 4 級數: Beginner
編舞者: Hiroko Carlsson (AUS) - November 2023
音樂: Hello Mary Lou (Goodbye Heart) - Ricky Nelson : (Spotify/ Apple Music/ Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 12 counts)

[S1] Fwd-Touch, Fwd-Touch, Fwd-Together, Back-Touch, Back-Touch, Back-Together

1&2& Step diagonally forward on R, Touch L next to R, Step diagonally forward on L, Touch R next to L
3 4 Step forward on R, Step L together
5&6& Step diagonally back on R, Touch L next to R, Step diagonally back on L, Touch R next to L
7 8 Step back on R, Step L together

[S2] Lock Step Fwd, Step-Pivot 1/4R, Cross-1/4L-1/4L Side Shuffle

1&2 Step forward on R, Lock L behind R, Step forward on R
3 4 Step forward on L, Make a ¼ turn right recover weight on R (3:00)
5 6 Cross L over R, Make a ¼ turn left stepping back on L (12:00)
7&8 Make a ¼ turn left stepping L to the side (9:00), Step R beside L, Step L to the side

Ending suggestion: The last wall starts facing 12:00. Dance up to count 12 (3:00).
Box 1/4L turn to the front.

(updated: 1/Nov/23)
