

# Down

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Joachim Armbruster (DE) - November 2023  
音樂: Down - Marian Hill



**Start: Start after 16 counts.**

**[1-8] Kick ball Boogie-Walk, Mambo step, Toe switches**

1&2      Kick R diagonal R FW (1), Step R slightly FW (&), Step L FW bending both knees to L (2)  
3&4      Step R FW bending both knees to R (3), Step L FW bending both knees to L (&), Step R FW  
bending both knees to R (4)  
5&6&      Step L FW (5), Recover weight onto R (&), Step L BW (6), ¼ turn R and step R to R (&)  
7&8      Point L to L (7), Step L next to R (&), Point R to R (8)

**[9-16] Chainé to R, Diamond fallaway, Syncopated walks backwards**

9&10      ¼ turn R and step R FW (9), ¼ turn R and step L next to R (&), ½ turn R and step R to R (10)  
11&12      Cross L in front of R (11), Step R to R (&), Cross L behind R (12)  
13&14&      1/8 turn L and step R BW into diagonal (13), 1/8 turn L and step L to L (&), Step R FW (14),  
Recover weight onto L (&)  
15&16      Step R BW (15), Step L BW (&), Step R BW (16)

**[17-24] Mambo-Turn, Side-Cross-Side, Step touches (/Swivels), Chassé**

17&18      Step L BW (17), Recover weight onto R (&), Step L FW then ¼ turn R (weight still on L) (18)  
19&20      Step R to R (19), Cross L in front of R (&), Step R to R (20)  
21&22&      Step L to L (turn toes to L) (21), Touch R next to L (turn toes to front)(&), Step R to R (turn  
toes to R) (22), Touch L next to R (turn toes to front) (&)  
23&24      Step L to L (23), Step R next to L (&), Step L to L and 1/8 turn L (24)

**[25-32] Kick ball press, Hip Bumps, Syncopated rock steps, Chainé to L**

25&26      Kick R FW (into diagonal) (25), Step R next to L (&), Step L FW with weight on ball of L foot  
(into diagonal) (26)  
27&28      Hip bump to R (27), Hip bump to L (&), Hip bump to R and weight onto R (28)  
29&30&      1/8 turn L and step L to L (29), Recover weight onto R (&), Cross L in front of R (30), Recover  
weight onto R (&)  
31&32      ¼ turn L and step L FW (31), ¼ turn L and step R next to L (&), ¾ turn L and step L FW (32)

**Restart: after 8 counts at 4th wall.**

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