

Disco Disco

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Christina Yang (KOR) - October 2023
音樂: Disco Disco - Benny Dayal, Shirley Setia & Sachin-Jigar



Start the dance after 32 counts

If you want to dance intro part, you will start dance after 16 counts

INTRO DANCE(16 COUNTS)

SECTION 1: STATIONARY SAMBA WALKS

1a2 Step LF forward, rock RF backward(push your hip to R backward), recover LF
3a4 Step RF forward, rock LF backward(push your hip to L backward), recover RF
5a6 Step LF forward, rock RF backward(push your hip to R backward), recover LF
7a8 Step RF forward, rock LF backward(push your hip to L backward), recover RF

SECTION 2: SAMBA WALKS (IN PLACE)

1a2 Cross LF over RF, rock RF diagonal backward, recover on LF
3a4 Cross RF over LF, rock LF diagonal backward, recover on RF
5a6 Cross LF over RF, rock RF diagonal backward, recover on LF
7a8 Cross RF over LF, rock LF diagonal backward, recover on RF

SECTION 1: 2 TIMES OF FORWARD WALKS, OUT, OUT, 1/4 TURN TO L WITH JAZZ BOX, COASTER STEP

1 Step LF forward
2&3 Step RF forward, diagonal step LF forward, diagonal RF forward
4-6 Cross LF over RF, 1/4 turn to L stepping RF back, step LF side
7&8 Step RF backward, closed LF to RF, step RF forward

SECTION 2: FORWARD SHUFFLE. 1/4 TURN TO L WITH SIDE SHUFFLE, 2 TIMES OF SAILOR STEPS

1&2 Step LF forward, closed RF to LF, step LF forward
3&4 1/4 turn to R stepping RF side, closed LF to RF, step RF side
5&6 Cross LF behind RF, closed RF to LF, diagonal LF forward
7&8 Cross RF behind LF, closed LF to RF, diagonal RF forward

SECTION 3: SWIVEL TO L/R, 2 TIMES OF SWIVEL TO L WHILE 1/4 TURN TO L, SWIVEL TO R/L, 2 TIMES OF SWIVEL TO R (INCLUDING HAND STYLING IN SECTION 3)

1-2 Swivel LF to L side pushing R hand back across doing L hand pointing motion to L side, swivel RF to R side pushing L hand back across doing R hand pointing motion to R side
3&4 Swivel LF to L side pushing R hand back across doing L hand pointing motion to L side while 1/8 turn to L, move weight on RF putting both hands together in the center, swivel LF to L side pushing R hand back across doing L hand pointing motion to L side
5-6 Swivel RF to R side pushing L hand back across doing R hand pointing motion to R side, swivel LF to L side pushing R hand back across doing L hand pointing motion to L side
7&8 Swivel RF to R side pushing L hand back across doing R hand pointing motion to R side while 1/8 turn to L, move weight on RF putting both hands together in the center, swivel RF to R side pushing L hand back across doing R hand pointing motion to R side

SECTION 4: MOVE YOUR WEIGHT TO L/R/L/R WITH HAND STYLING, 4 TIMES OF R HIP BUMP WITH HAND STYLING

1-4 Move weight on LF doing pointing motion to L side with both hands together, move weight on Rf doing pointing motion to R side with both hands together, move weight on LF doing pointing motion to L side with both hands together, move weight on LF raising L back of the hand in front of forehead across holding R hand on R waist

5-8 4 times of hip bump to R side while lower L hand down in a semicircle slowly

RESTART

On the 3rd wall, you will dance to 24 counts and start again

On the 5th wall, you will dance to 16 counts and start again

CONTACT

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