

123 Dance for Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Debbie Rushton (UK) - October 2023
音樂: Dance For Me (1, 2, 3) - Lyente, Quinten Circle & Zana



Count in: After 8 counts

CROSS, CLICK, & BEHIND, CLICK & JAZZ BOX CROSS

1 2 Cross R over L (1), lift both arms (bent at elbow) and click fingers up at head height (2)
&3 4 Step L to L side (&) , Cross R behind L (3), drop arms and click down at sides (4)
&5 6 Step L to L side, Cross R over L, Step L back
7 8 Step R to R side, Cross L over R

SIDE, TOUCH, KICK BALL CROSS, ¼ TURN ¼ TURN, SAMBA STEP

1 2 Step R to R side, Touch L next to R (facing 11oclock diagonal)
3&4 Kick L forward, Step L next to R, Cross R over L
5 6 Make ¼ turn R stepping back on L, Make ¼ turn R stepping R to R side (6oclock)
7&8 Cross L over R, Rock R out to R side, Recover weight onto L

CROSS, POINT, SAMBA STEP, CROSS POINT SAMBA STEP

1 2 Cross R over L, Point L to L side
3&4 Cross L over R, Rock R out to R side, Recover weight onto L
5 6 Cross R over L, Point L to L side
7&8 Cross L over R, Rock R out to R side, Recover weight onto L

STEP ¼ TURN, STEP ¼ TURN, STEP FULL TURN STEP

1 2 Step R forward, Pivot ¼ turn L (3 oclock)
3 4 Step R forward, Pivot ¼ turn L (12 oclock)
5 6 Step R forward, Make ½ turn R stepping back on L (6 oclock)
7 8 Make ½ turn R stepping R forward, Step L forward (12 oclock)

**** To start the dance again, Make ¼ turn R crossing R over L on count 1**
