

L'amour

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Sylvie CARNOY (FR) - 5 September 2023
音樂: L'amour - Christophe Maé & Amadou & Mariam



Choreography written and dedicated to my friend Viviane
start 2 x 8 counts

SECTION 1 - WALK R, L, R, KICK & CLAP, BACK R, L, R, TOUCH

- 1 – 2 step RF forward, step LF forward
- 3 – 4 step RF forward, kick LF (option clap)
- 5 – 6 step LF back, step back RF
- 7 – 8 step back LF, touch RF next to LF

Style option: pivot the opposite foot (heel inwards) when stepping backwards

SECTION 2 - VINE (OR ROLLING VINE) R & L VINE

- 1 – 2 step RF to the right side, cross LF behind RF
- 3 – 4 step RF to the right side, touch LF next RF
- 5 – 6 step LF to the left side, cross RF behind LF
- 7 – 8 step LF to the left side, touch RF next to LF

OR ROLLING VINE :

- 1 – 2 ¼ turn right and step RF forward, ½ turn right and place LF behind
- 3 – 4 ¼ turn right and step RF to the right side, touch LF next to RF
- 5 – 6 ¼ turn left and step LF forward, ½ turn left and place RF behind
- 7 – 8 ¼ turn left and step LF to the left side, touch RF next to LF

SECTION 3 - ROCKING CHAIR x2

- 1-2 step RF forward, recover on LF
- 3-4 step RF back, recover on LF
- 5-6 step RF forward, recover on LF
- 7-8 step RF forward, recover on LF

Style option: roll your hips

SECTION 4 - ¼ TURN LEFT x2, OUT-OUT, IN-IN

- 1 – 2 step RF forward, pivot ¼ turn left 9 :00
- 3 – 4 step RF forward, pivot ¼ turn left 6 :00
- 5 – 6 step RF to the right side, step LF to the left side
- 7 – 8 step RF back in center, step LF back in center

Style option: roll your hips over ¼ turn and out - out

Good luck , good dance !

RF : right foot - LF : left foot

Only the choreographer's original dance form is authentic.

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