

Rolling Red Dust (滾滾紅塵)

COPPER KNOB
BY STEPHEN BRETZ

拍數: 48
編舞者: Cat So (AUS) - October 2023

牆數: 4

級數: Phrased Beginner

音樂: Red Dust (滾滾紅塵) - Sarah Chen (陳淑樺) : (Album: 10年金馬獎最佳電影主題曲風雲際會)



Start dance after 24 counts

Sequence: A A B A B A A B A A

Part A: 24 counts

Sec 1 Left twinkle ½ turn right twinkle

1 2 3 Cross with left foot (1), ¼ turn to the left stepping right foot back (2), ¼ turn to the left stepping foot to the side (3)

4 5 6 Cross with right foot (4), side with left foot (5), side with right foot (6), ending 6 o'clock

Sec 2 Left twinkle right twinkle ¼ turn

1 2 3 Cross with left foot (1), side with right foot (2), side with left foot (3)

4 5 6 Cross with right foot (4), ¼ turn to the right with left foot stepping to the side (5), side with right foot (6), ending 9 o'clock

Sec 3 Cross weave right balance step

1 2 3 Cross with left foot (1), side with right foot (2), behind with left foot (3)

4 5 6 Side with right foot (4), rock back with left foot (5), recover weight to right foot (6), ending 9 o'clock

Sec 4 Left balance step ¼ turn pivot ¼ turn

1 2 3 Side with left foot (1), rock back with right foot (2), recover weight to left foot (3)

4 5 6 ¼ turn to the right stepping right foot forward (4), forward with left foot (5), pivot ¼ turn to the right with right foot (6), ending 3 o'clock

Part B: 24 counts

Sec 1 Cross back back travelling back cross back back travelling back

1 2 3 Cross with left foot (1), back with right foot (2), back with left foot (3)

4 5 6 Cross with right foot (4), back with left foot (5), back with right foot (6), ending 12 o'clock

Sec 2 Diamond ½ turn

1 2 3 Cross with left foot (1), 1/8 turn to the left stepping right foot to the side (2), 1/8 turn to the left stepping left foot to the side (3), ending 9 o'clock

4 5 6 Behind with right foot (4), 1/8 turn to the left stepping left foot to the side (5), 1/8 turn to the left stepping right foot to the side (6), ending 6 o'clock

Sec 3 Cross rock side cross rock side

1 2 3 Cross rock with left foot (1), recover weight to right foot (2), side with left foot (3)

4 5 6 Cross rock with right foot (4), recover weight to left foot (5), side with right foot (6), ending 6 o'clock

Sec 4 Diamond ½ turn

1 2 3 Cross with left foot (1), 1/8 turn to the left stepping right foot to the side (2), 1/8 turn to the left stepping left foot to the side (3), ending 3 o'clock

4 5 6 Behind with right foot (4), 1/8 turn to the left stepping left foot to the side (5), 1/8 turn to the left stepping right foot to the side (6), ending 12 o'clock

Enjoy! Happy dancing!

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