

# 8 Second Ride

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Elizabeth Banescu (USA) & Katie Robinson (USA) - October 2023  
音樂: First Rodeo (feat. Filmore & Seth Ennis) - Cooper Alan



Dance starts after 56 counts, on lyrics beginning with "gate".

## [1-9 Scuff, Stomp stomp, heel walk in, knee pop, turning sailor step]

1,2            Scuff R, Stomp R  
3,4&5        Stomp L, swivel L heel in (4), swivel L toe in (&), swivel L heel in (5)  
6&7           Collect feet together with 1/8th turn L (6) facing 10:30, pop both knees forward (&), return feet to floor (7)  
8&1           RLR sailor step, turning 3/8th turn R (end facing 3:00); press forward R(1)

## [10-16 Press hitch, backwards body roll, coaster step, shuffle forward]

2,3,4        Hitch R up with a knee slap downwards (2), Step R backward and body roll backwards (3-4)  
5&6        Coaster step LRL  
7&8        Shuffle forward RLR

## [17-24 Rock forward recover, turning sailor step, heel heel, dip and drag, hitch]

1,2            Rock forward L, recover R  
3&4           Sailor step LRL turning ¼ turn L, (end facing 12:00)  
5&6&        R heel, replace, L heel, replace  
7-8&        Point R to R side and dip with L knee, dragging R leg back up by extending L knee, hitch R (&)

## [25-32 Half turn pivot, full turn, step touch step touch]

1,2            Step R forward, ½ turn pivot over L shoulder shifting weight to L (end facing 6:00)  
3,4            Full turn over L shoulder, stepping R, L [variation: without turn - walk R, L]  
5,6            Step R forward to diagonal, touch L next to R  
7,8            Step L forward to L diagonal, touch R next to L

## TAGS:-

### Tag 1: On wall 2 - (modified restart) - Step, turn left, slide

1-14        Dance counts 1-14, facing 9:00 after the coaster step  
15,16       Step forward R, ¼ turn over L (end facing 6:00) and slide L to meet R, shifting weight onto L (wall 3 starts at 6:00)

### Tag 2: After wall 4 and 8 (tag begins and ends facing 6:00) - Funky turn, Stomp R, L, hip sways

1-2            (1) Step R to side, (2) step L to side making ¼ turn L  
3-4&        (3) Step R to side making ¼ turn L, (4) step L to side making ¼ turn L,  
5,6            (5) Step forward with R and turn 1/4 turn L, facing back to 6:00 (tag starts and ends facing 6:00), (6) stomp L in place [variation: can switch the R, L stomps with heel swivels in or out, or switch out for apple jack R, L]  
7-8            Sway hips R, L ("Get down (whoa)!" feel free to style however you want - dip hips while you sway, drop it, bend & snap, add some flavor!)

Last Update: 5 Jan 2024