

Joybird

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Julia Wetzel (USA) - October 2023
音樂: For Real - Joybird



Intro: 16 counts, start dance with lyric "smile" (7 sec. into track)

[1 - 8] Toe Strut R L, Rock, Back, Hold,

1 - 4 Step R toe fw (1), Step R heel down (2), Step L toe fw (3), Step L heel down (4)

Styling: Shimmy shoulders 12:00

5 - 8 Rock R fw (5), Recover L (6), Step R back (7), Hold (8) 12:00

[9 - 16] Back, ¼ R Side, Cross Rock, Side, Drag, Behind Rock

1 - 4 Step L back (1), ¼ Turn right step to R to right side (2), Cross rock L over R (3), Recover on R (4) 3:00

5 - 8 Big step L to left side (5), Drag R to L (6), Rock R behind L (7), Recover L (8) 3:00

[17- 24] Step, Heel Swivels, Behind Rock, ¼ L, Hold

1 - 4 Step ball of R to right side (1), Swivel R heel to right (2), to left (3), to right step R heel down (4)

Styling: Swivel as if you're stamping out a cigarette butt, gradually placing more weight on R 3:00

5 - 8 Rock L behind R (5), Recover R (6), ¼ Turn left step L fw (7), Hold (8) 12:00

[25 - 32] Side, Touch Behind, Side, Touch Behind, Bounce ½ R, Hold

1, 2 Step R to right side (1), Touch L behind R (2) 12:00

3, 4 Step L to left side (3), Touch R behind L (4) 12:00

5 - 8 Unwind ½ turn right bouncing heels 3 times weight ends on R (5-7), Hold (8) 6:00

[33- 40] Step, Clap, Step Clap, Step, Pivot ¼ R, Cross, Hold

1 - 4 Step L fw to left diag. (1), Touch R next to L and clap hands (2), Step R fw to right diag. (3), Touch L next to R and clap hands (4) 6:00

5 - 8 Step L fw (5), Pivot ¼ right step R to right side (6), Cross L over R (7), Hold (8) 9:00

[41- 48] ¼ L Back, Hitch, ¼ L Side, Hitch, Jazz Box

1 - 4 ¼ Turn left step R back (1), Hitch L and clap hands (2), ¼ Turn left step L to left side (3), Hitch R in front of L and clap hands (4) 3:00

5 - 8 Cross R over L (5), Step L back (6), Step R to right side (7), Cross L over R (8) 3:00

[49- 56] Side, Hold, Close, Cross, ¼ R Back, Back Rock

1 - 4 Step R to right side (1), Hold (2), Close L behind R (3), Cross R over L (4) 3:00

5 - 6 Step L to left side (5), ¼ Turn right on L (6), Rock R back (7), Recover L (8) 6:00

[57- 64] Side Hip R L, Back, Together, Heel Bounces

1 - 4 Roll R hip to right side as you step R toe to right side (1), Slowly lower R heel (2), Roll L hip to left side as you step L toe to left side (3), Slowly lower L heel (4) 6:00

5 - 8 Step R back to center (5), Step L next R (6), Bounce both heels twice weight ends on L (7-8) 6:00

Tag Do the following Tag at the end of Wall 1 facing 6:00 and at the end of Wall 3 facing 12:00

[1 - 8] (Step, Point: Side, Fw, Side) R L

1 - 4 Step R fw slightly crossing L (1), Point L to left side (2), Point L fw (3), Point L to left side (4) 6:00

5 - 8 Step L fw slightly crossing R (5), Point R to right side (6), Point R fw (7), Point R to right side (8) 6:00

[9 - 16] (Cross, Together, Twist) R L

- 1 - 4 Cross R over L (1), Step L next to R (2), Twist hip left by swivelling both heels left and up (3), Return heels to center and down weight ends on R (4) 6:00
- 5 - 8 Cross L over R (5), Step R next to L (6), Twist hip right by swivelling both heels right and up (7), Return heels to center and down weight ends on L (8) 6:00

[17- 24] Cross, ¼ R Back, Point, Hitch, Side, Cross, Point, Hitch

- 1 - 2 Cross R over L (1), ¼ Turn right step L back (2) 9:00
- 3 - 8 Point R to right side (3), Hitch R knee across L (4) Step R to right side (5), Cross L over R (6), Point R to right side (7), Hitch R knee across L (8)

Styling: Reach your L wrist down towards your R knee as you hitch 9:00

[25 - 32] Side, Cross, ¼ R Step, Together, Out, Out, Hold, Hip Roll

- 1 - 4 Step R to right side (1), Cross L over R (2), ¼ Turn right step R fw (3), Step L next to R (4) 12:00
- &5, 6 - 8 Hop R to right side (&), Hop L to left side (5), Hold (6), Roll hip over 2 counts weight ends on L (7-8) 12:00

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