

# Put Your Hands on Me

**COPPER** **KNOB**  
BY STEPHEN T. C.

拍數: 32      牆數: 4      級數: Easy Beginner  
編舞者: Ame Lin (INA) - October 2023  
音樂: Hands On Me (feat. Meghan Trainor) - Jason Derulo



#Dance begins approx.. 20 seconds - #No Tag & No Restart

## SEC 1. OUT – OUT WITH TOE STRUT, JAZZBOX

1-2-3-4      Touch Rf toe to R diagonal forward – drop heel Rf in place – touch Lf toe to L diagonal forward – drop heel Lf in place

5-6-7-8      Cross Rf over Lf – step Lf back – step Rf to side – step Lf forward

## SEC 2. SIDE ROCK – RECOVER – CROSS – HOLD ( R – L )

1-2-3-4      Step Rf to side – recover on Lf – cross Rf over Lf - hold

5-6-7-8      Step Lf to side – recover on Rf – cross Lf over Rf – hold

## SEC 3. GRAPEVINE WITH TOUCH, ¼ L GRAPEVINE WITH TOUCH

1-2-3-4      Step Rf to side – cross Lf behind Rf – step Rf to side – touch Lf next to Rf

5-6-7-8      Step Lf to side – cross Rf behind Lf – ¼ L turn step Lf forward – touch Rf next to Lf

## SEC 4. K – STEP WITH CLAP

1-2-3-4      Step forward on Rf to R diagonal – touch Lf next to Rf with clap – Step back to home position on Lf – touch Rf next to Lf with clap

5-6-7-8      Step back on Rf to back R diagonal – touch Lf next to Rf with clap – step Lf back to home position – touch Rf next to Lf with clap

Enjoy your dance (Just for fun)

Contact : [amelin1689@gmail.com](mailto:amelin1689@gmail.com)