

5-1-5-0

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Joy Kennedy (USA) - October 2023
音樂: 5-1-5-0 - Dierks Bentley



Intro 32 counts

[1-8] Kick & point X2, ½ pivot left, ¼ pivot left

1&2 Kick Rt foot, point Lf
3&4 Kick Lf foot, point Rt
5-8 Step Rt frwd ½ pivot left, step Rt frwd ¼ pivot left (3:00)

[9-16] Cross Rock/Rec, Ball Step Forward, Touch, Point Rt, Lf, Behind Side Cross

12&34 Cross Rt over Lf, Recover Lf, ball step frwd Lf touch Rt
5&67&8 Point Rt, Point Lf, Behind side cross

[17-24] Side rock, Rec Behind Side Cross, Side Rock Sailor Qtr Turn

123&4 Side rock Rt foot, Rec Lf, Behind side cross
567&8 Side rock Lf foot, Rec Rt, Lf sailor Qtr Turn (12:00)

[25-32] Rock Rt Forward, Triple 1/2 Turn Rt, Lf Rock Forward & Coaster Step

123&4 Rock Rt foot frwd, Recover Lf, then Triple half turn Rt (6:00)
567&8 Rock Lf foot frwd, Recover Rt & a Lf Coaster Step

Start dance over

Tags – end of W1 & W4: hip bumps Rt & Lf, then restart the dance

W3 – Restart after 16 counts (3:00)

W8 – Restart after 8 counts (6:00)

Dance ends W11 (9:00) turn to front after behind side cross to right

Joy Kennedy

Line dancing with JOY on FB