

Cuss & Fuss

拍數: 32 牆數: 4 級數: Low Improver
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音樂: This Ain't My First Rodeo - Ned LeDoux



Sect 1 TOUCH, STEP BACK, COASTER STEP, TOUCH, STEP BACK, COASTER STEP

1 – 2 Touch R toe forward – Step back R
3 & 4 Step back L – Step R next to L – Step forward L
5 – 6 Touch R toe forward – Step back R
7 & 8 Step back L – Step R next to L – Step forward L

Sect 2 2x PADDLE TURN, SHUFFLE, 2x PADDLE TURN, SHUFFLE

1 & 2 & 1/8 Turn left and point R to side – Hitch R – 1/8 Turn left and point R to side – Hitch R
3 & 4 Step forward R – Step L closed behind R – Step forward R
5 & 6 & 1/8 Turn right and point L to side – Hitch L – 1/8 Turn right and point L to side – Hitch L
7 & 8 Step forward L – Step R closed behind L – Step forward L

Sect 3 2x CHARLSTON STEP

1 – 2 Swing your right foot forward into a touch forward R – Swing your right foot back and step back R
3 – 4 Swing your left foot back into a touch back L – Swing your left foot forward and step forward L
5 – 6 Swing your right foot forward into a touch forward R – Swing your right foot back and step back R
7 – 8 Swing your left foot back into a touch back L – Swing your left foot forward and step forward L

Sect 4 SHUFFLE, SHUFFLE, STEP TURN, WALK, WALK

1 & 2 Step forward R – Step L closed behind R – Step forward R
3 & 4 Step forward L – Step R closed behind L – Step forward L
5 – 6 Step forward R – ¼ Turn left and put weight on L
7 – 8 Step forward R – Step forward L
