Strip That Down



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Robert Walsh (USA) - October 2023

音樂: Strip That Down - Liam Payne



Count in: 16ct intro

7&8

dance- wall 2)

Notes: 2 Restarts (wall 2 after count 48, verse 3 "Quavo" after count 32. They say "Quavo" before he starts the 3rd verse of the song)

the 3rd verse of the song)		
(1-8) Section 1	- Side rock, cross shuffle, point L, L home, kick ball point, ½ turn pivot Rock RF to R side, recover LF	
3&4	Cross RF over L, Step LF to L, cross RF over L	
5&	Point L toe to L side, Step LF next to R	
6&7	Kick RF forward, Step RF fwd slightly on ball of foot, point L toe back	
8	½ turn pivot over L (transfer weight from RF to LF)	
(9-16) Section 2 - Sailor step, ¼ turn sailor, Fwd rock recover, step together, back rock recover		
1&2	Step RF crossing behind L, step LF beside R, step RF fwd	
3&4	Step LF crossing behind R while making ¼ turn over L, step RF beside L, step LF fwd	
5-6&	Rock fwd on RF, recover on L, step RF next to L	
7-8	Rock back on LF, recover on R	
(17-24) Section 3 - Kick ball point (x2), ¾ volta turn, brush		
1&2	Kick LF fwd, step LF fwd slightly, point R toe back	
3&4	Kick RF fwd, step RF fwd slightly, point L toe back	
5&6&	1/2 turn L step LF fwd, lock/step RF behind L, 1/4 turn L step LF fwd, lock/step RF behind L	
7&8&	1/4 turn L step LF fwd, lock/step RF behind L,1/8 turn L step LF fwd, brush RF next to L	
(25-32) Section 4 - R mambo fwd, L coaster step, R diagonal fwd triple, L diagonal fwd step touch		
1&2	Rock RF fwd, recover on L, step back on RF	
3&4	Step back on LF, step RF next to L, step LF fwd	
5&6	Step fwd diagonally on RF, step LF next to R, Step fwd diagonally on RF	
7-8	Step fwd diagonally of LF, touch RF next to L (verse 3 "Quavo" restart here)	
(33-40) Section 5 - Full turn, triple back, slide w/ foot drag L coaster step		
1-2	Step back on RF while making ½ turn over R, step LF fwd while making ½ turn over R	
3&4	Step back on RF, step LF next to R, step RF back	
5-6	Step back on LF (sliding back) while dragging RF next to L	
7&8	Step back on RF, step LF next to R, step RF fwd	
(41-48) Section 6 - 1/4 turn step touch, shuffle right, full hinge turn, behind side cross		
1-2	Step LF to L while making ¼ turn L, touch RF next to L	
3&4	Step RF to R side, step LF next to R, step RF to R	
5-6	Step LF back while making ½ turn to L, step RF fwd while making ½ turn to L	

(49-56) Section 7 - Side rock cross w/ 1/4 turn L, fwd triple, step touch w/ 1/4 turn R, shuffle L		
1&2	Rock RF to R side, recover on L, cross RF over L while making 1/4 turn L	
3&4	Step LF fwd, step RF next to L, step LF fwd	
5-6	Step RF to R while making ¼ turn R, touch LF next to R	
7&8	Step LF to L, step RF next to L, step LF to L	

Step LF crossing behind R, step RF to R, cross LF over R (restart here on 2nd time through

(57-64) Section 8 - Full hinge turn, behind side cross, side rock cross w/ 1/4 turn R, full hinge turn

1-2 Step RF back while making ½ turn to R, step LF fwd while making ½ turn to R

3&4 Step RF crossing behind L, step LF to L, cross RF over L

Rock LF to L, recover on RF, cross LF over R while making ¼ turn R

7-8 Step fwd on RF while making ½ turn L, step LF back while making ½ turn L

Dance can also be done to The Way You Make Me Feel by Michael Jackson After the first few drum hits 4 seconds into the song it will be a 48ct intro to start at the lyrics (29 seconds) No restarts on this song option

Last Update: 24 Oct 2023