

Wo De Xin Li

拍數: 64 牆數: 1 級數: Improver
編舞者: Muhammad Yani (INA) - October 2023
音樂: Wo De Xin Li Zhi You Ni Mei You Ta (我的心里只有你没有他) - Yvonne (依文)



Sequences : 64-48-48-64-48-64-48-48

S1. FORWARD ROCK - BACK SHUFFLE, BACKWARD ROCK - FORWARD SHUFFLE

- 1-2. Rock RF forward , Recover onto LF
- 3&4. Step back on RF, Step LF beside RF, Step back on RF
- 5-6. Rock LF backward, Recover onto RF
- 7&8. Step LF forward, Step RF beside LF, STEP LF forward

S2. TURN ½L. PIVOT - FORWARD SHUFFLE, TURN ½R. PIVOT - FORWARD SHUFFLE

- 1-2. Step RF forward, Turn ½L. Weight on LF
- 3&4. Step RF forward, Step LF beside RF, Step RF forward
- 5-6. Step LF forward, Turn ½R. Weight on RF
- 7&8. Step LF forward, Step RF beside LF, Step LF forward

S3. CROSS ROCK - SIDE SHUFFLE (R/L)

- 1-2. Rock RF cross over LF, Recover onto LF
- 3&4. Step RF to R, Step LF beside RF, Step RF to R
- 5-6. Rock LF cross over RF, Recover onto RF
- 7&8. Step LF to L, Step RF beside LF, Step LF to L

S4. REPEAT S3

S5. LEFT WEAVE , CROSS ROCK - SIDE SHUFFLE

- 1-4. Cross RF over LF, Step LF to L, Cross RF behind LF, Step LF to L
- 5-6. Rock RF cross over LF, Recover onto LF
- 7&8. Step RF to R, Step LF beside RF, Step RF to R

S6. . RIGHT WEAVE , CROSS ROCK - SIDE SHUFFLE

- 1-4. Cross LF over RF, Step RF to R, Cross LF behind RF, Step RF to R
- 5-6. Rock LF cross over RF, Recover onto RF
- 7&8. Step LF to L, Step RF beside LF, Step LF to L

*Restart Here on Wall 2,3,5,7,8

S7. FORWARD ROCK - COASTER STEP (R/L)

- 1-2. Rock RF forward, Recover onto LF
- 3&4. Step back on RF, Step LF beside RF, Step RF forward
- 5-6. Rock LF forward, Recover onto RF
- 7&8. Step back on LF, Step RF beside LF, Step LF forward

S8. V STEP - TOE STRUT (R/L)

- 1-4. Step RF diagonal forward R, Step LF diagonal forward L, Step back on RF to center, Step LF beside Rf
- 5-8. Touch RF forward , Step down RF heel, Touch LF forward, Step down LF heel

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