

Hitam Manis My GirlFriend

COPPERKNOB
STEPPERS

拍數: 44 牆數: 1 級數: Phrased Improver
編舞者: Abadi Haria (INA) - October 2023
音樂: Hitam Manis - Afian Lamawulo



Sequences: AA AA BB AA A(8C) AA AA BB AA

Intro :16c

Part A : 28

Sec 1 : FORWARD ROCK - BACK SHUFFLE, BACKWARD ROCK , FWD SHUFFLE

1-2 Rock Rf fwd Recover Lf
3&4 Step Rf back, Step LF beside RF(&), Step Rf back
5-6 Rock Lf back, Recover Rf
7&8 Step Lf fwd, Step RF beside LF, Step LF fwd (&), Step Lf fwd

Sec 2 : TURN ½L. RF BACK, BACKWARD, BACK SHUFFLE, ROCK BACK-RECOVER, FORWARD SHUFFLE

1-2 Turn ½L. Step RF bwd, Step back on LF
3&4 Step back on RF, Step LF next to RF, Step back on RF
5-6 Rock LF back - Recover on RF
7&8 Step LF forward, Step RF next to LF, Step LF forward

Sec 3 : Turn ¼L.SIDE - TOGETHER - CHASSE , TURN ¼R. SIDE - TOGETHER, CHASSE

1-2 Turn ¼L. Step Rf to R, step Lf beside Rf
3&4 Step Rf to R, step Lf beside Rf, Step Rf to R
5-6 Turn ¼R. Step Lf to L, step Rf beside Lf
7&8 Step Lf to L, step Rf beside Lf, Step Lf to L

Sec4 : TURN ¼L. PADDLE (2x)

1 2. Turn ¼L. Step RF forward, turn ¼ L onto LF
3 4 Step RF forward, turn ¼ L onto LF

Part B.16

Sec 1 : JAZZ BOX (2X)

1-4. Cross Rf over Lf, Step back on Lf, Step Rf to R, Step Lf fwd
5-8. ----- R E P E A T 1-4 -----

Sec 2 : STEP - HIP BUMP

1-2 Step RF to R side - Bump hip to L
3-4 Change weight to LF - Bump hip to R
5-6 Change weight to RF - Bump hip to L
7-8 Change weight to LF - Bump hip to R

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