Cowboys and Plowboys



拍數: 32 牆數: 4 級數: Improver / Novice

編舞者: Maili Põldpere (EST) - October 2023

音樂: Cowboys and Plowboys - Jon Pardi & Luke Bryan



Restart: wall 2, 5 and 10 dance 16 counts

WAVE RIGHT, CROSS SHUFFLE

1-2 RF step right, LF step behind

&3-4 RF step right, LF across, RF step side

5-6 LF step behind, RF step side

7&8 LF across, RF step next to LF, LF across

RF SIDE, LF 1/4 STEP FWD, RF SHUFFLE FWD, FULL TURN, LF SHUFFLE FWD (restart in walls 2, 5 and

10)

1-2 RF step side, LF step forward with ¼ turn L (facing 09:00) 3&4 RF step forward, LF step next to RF, RF step forward

5-6 LF step back turning ½ R (facing 03:00), RF step forward turning ½ R (facing 09:00)

7&8 LF step forward, RF step next to LF, LF step forward

HIP BUMPS, HIP SWAYS/HIP CIRCLES

1&2	RF touch forward with hip bump, hip bump L, take weight on RF
3&4	LF touch forward with hip bump, hip bump R, take weight on LF
5-6	RF step R side with hip sway, sway hips to L

7-8 sway hips to R, sway hips to L with weight on L

RF PIVOT 1/2, STEP FWD 2X, RF SHUFFLE FWD, TRIPPLE FULL TURN

1-2 RF step forward, pivot ½ turn to L steping LF forward (facing 03:00)

3-4 RF step forward, LF step forward

5&6 RF step forward, LF step next to RF, RF step forward

7&8 LF step back turning ½ R (facing 09:00), RF step next to LF turning ¼ R (facing 12:00), LF

step forward turning ¼ R (facing 03:00)

RESTART: Wall 2, 5 and 10 dance 16 counts and restart

NOTE: On lyrics "Both make the world go 'round boys" do 2 hip-rolls instead of hip sways; On lyrics "Hold her tight while the sun goes down" twist your arms around your waste while doing 2 steps forward.