

# Free to Be Me

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 2  
編舞者: Lucy Cooper (UK) - October 2023  
音樂: Freedom! '90 - George Michael

級數: Absolute Beginner



**Intro: Start after 16 counts (about 10 sec)**

## Side, Tap Behind x 4

1 2            Step R to R side, touch L behind R  
3 4            Step L to L side, touch R behind L  
5 6            Step R to R side, touch L behind R  
7 8            Step L to L side, touch R behind L

**(Optional arms: Rotate arms in a circle and throw down towards each tapped foot.)**

## Swivels to forward R diagonal, Swivels to back R diagonal

1&2           Step R to forward R diagonal swivelling heels right, left, right  
3&4           Swivel heels left, right, left  
5&6           Step R to back R diagonal swivelling heels right, left, right  
7&8           Swivel heels left, Right, Left

**(Option to do hip bumps instead if dancers would rather not swivel)**

## Walk, Walk, Walk, Point, Back, Back, Back, Point

1 2            Walk R, walk L  
3 4            Walk R, point L to L side  
5 6            Back L, back R  
7 8            Back L, point R to R side

## Forward Point x 2, Paddle 1/8 L x 4

1 2            Step R forward, point L to L side  
3 4            Step L forward, point R to R side  
5-8           Touch R to side (5) push off it to recover weight L turning 1/8 L (&) x 4

**(Optional arms: Roll arms as you push around on 5-8) (6.00)**

**REPEAT**

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