

Start Dance

拍數: 32 牆數: 4 級數: Beginner - Country
編舞者: Antonio Manigas (IT) - October 2023
音樂: Start a Band - Steve Moakler



RESTARTSAfter 16 counts To 5th and 11th repetition***

Last Repetition (wall 13) only TURN ½ to "S4 "(do not TURN THREE QUARTERS)

S1) KICKBALL CROSS R.,STEP R.,TOUCH TOE L.,KICK L. X2, COASTER STEP

- 1 & 2 - Kick Right Diagonally Forward – Step Right Together – Cross Left Over Right
- 3 – 4 - Step Right To Right Side , Touch Left Toe Behind Right
- 5 – 6 - Diagonally To Left Side And Step Left Forward And Two Kick
- 7 & 8 - Step Left Backward , Step Right Beside Left , Step Left Forward

S2) KICK R.,TURN ¼ KICK R.,COASTER STEP, JAZZ BOX, STOMP UP R.

- 1 – 2 - Step Right Forward And Kick , Turn ¼ To Right (03:00) And Kick Right
- 3 & 4 - Step Right Backward , Step Left Beside Right , Step Right Forward
- 5 – 6 - Cross Step Left Over Right , Step Right To Side
- 7 – 8 - Step Left To Left Side , Step Right Forward And Stomp Up

S3) CHASSE' R.,TURN ¼ CHASSE' L.,TURN ¼ CHASSE' R.,TURN ¼ STEP L.,STOMP UP R.

- 1 & 2 - Step Right To Right Side , Step Left Beside Right , Step Right To Right Side
- 3 & 4 - Turn ¼ To Left (00:00) Step Left To Left Side , Step Right Beside Left , Step Left To Left Side
- 5 & 6 - Turn ¼ To Right (09:00) Step Right To Right Side , Step Left Beside Right , Step Left To Left Side
- 7 – 8 - Turn ¼ To Left (06:00) Step Left To Left Side , Stomp Up Right Beside Left

S4) TOUCH TOE R. & L.,HEEL SWITCES R. & L.,TOUCH TOE BACK,UNWIND,STEP L.,STOMP R.

- &1 - &2 – Step Right To Right Side And Touch Toe, Return Beside Left, Step Left To Left Side And Touch Toe , Return Beside Right
- &1 - &2 – Step Right Forward And Heel , Return Beside Left , Step Left Forward And Heel , Return Beside Right
- 5 – 6 - Step Right Backward And Touch Toe , Turn ¾ To Right (03:00)
- 7 – 8 - Step Left Forward And Taking Weight , Stomp Up Step Right