

Cowboy Junkie

拍數: 64 牆數: 4 級數: Improver
編舞者: Ingrid Monti (ES) & Andrés de la Rubia Albertí (ES) - October 2023
音樂: Cowboy Junkie - Tim McGraw



[1-8] Diagonal back, touch (R&L), Heel ground ¼ right, hold

1-2 Rf diagonal back, touch Lf next Rf
3-4 Lf diagonal back, touch Rf next Lf
5-6 Heel Rf forward, ¼ right Lf back
7-8 Rf back, hold

[9-16] Back, hook, forward, touch, rock side cross, hold

1-2 Lf back, cross Rf over right knee
3-4 Rf forward, touch Lf next Rf
5-6 Lf to the left, recover weight Rf
7-8 Cross Lf over Rf, hold

[17-24] Rumba box forward & back

1-2 Rf to the right, Lf next Rf
3-4 Rf forward, hold
5-6 Lf to the left, Rf next Lf
7-8 Lf back, hold

[25-32] Rock side cross (R&L)

1-2 Rf to the right, recover weight Lf
3-4 Cross Rf over Lf, hold
5-6 Lf to the left, recover weight Rf
7-8 Cross Lf over Rf, hold

(Restart 3° wall)

[33-40] Step turn, step (R&L)

1-2 Rf forward, ½ turn left
3-4 Rf forward, hold
5-6 Lf forward, ½ turn right
7-8 Lf forward, hold

[41-48] Heel strut (R&L), rock, recover, step back, hold

1-2 Heel Rf forward, drop toe Rf
3-4 Heel Lf forward, drop toe Lf
5-6 Rf forward, recover weight Lf
7-8 Rf back, hold

[49-56] Toe strut (L&R), rock side, cross, hold

1-2 Toe Lf back, drop heel Lf
3-4 Toe Rf back, drop heel Rf
5-6 Lf to the left, recover weight Rf
7-8 Cross Lf over Rf, hold

[57-64] Side, behind, ¼ right, hold, step ½ right, step ¼ right, hold

1-2 Rf to the right, Lf behind Rf
3-4 Rf ¼ right, hold
5-6 Lf forward, ½ turn right

7-8 Lf ¼ right, hold (On the 9th wall we will not do 1/4, we will step forward and hold)

Ending: on 9° wall

[1-4] prissy walk Right & Left

1-2 Rf forward and across, hold

3-4 Lf forward and across, hold
