

# Dive

拍數: 32      牆數: 2      級數: Improver  
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音樂: Dive - Lost Frequencies & Tom Gregory



The dance starts with the vocal after 16 counts.

## walk r+l, anchor step, 1/2 turn l, 1/4 turn l, behind-side-cross-side

1-2            Step forward on RF – Step forward on LF  
3&4           step RF behind LF – Step in Place LF .- Step RF slightly back  
5-6           ½ turn to the left stepping forward on LF – ¼ turn to the left stepping RF to the right  
7&            cross LF behind RF – Step RF to the right  
8&            cross LF over RF – Step RF to the right

## heel, hold, close, cross shuffle, side, close, shuffle forward

1-2&          dig left heel diagonally forward (left) – hold  
3&4           step LF next to RF – cross RF over LF – drag LF to the left – cross RF over LF  
5-6           step LF to left side – close RF next to LF  
7&8           step LF forward – close RF next to LF – step LF forward

## rock recover, back-lock-back, touch back, 1/2 turn l, step, 1/4 turn l

1-2            rock forward on RF (roll your hip to the right) – recover on LF  
3&4           step RF back – lock LF over RF – step RF back  
5-6           touch left to back – make a ½ left turn (weight on LF)  
7-8           step forward on RF – make ¼ to the left

## cross, point, behind, point, behind, point, behind-side-step

1-2            cross RF over LF – point LF to the left (weight stays on RF)  
3-4            cross LF behind RF (moving backwards) – point RF to the right (weight is on LF)  
5-6            cross RF behind LF (moving backwards) – point LF to the left (weight is on RF)  
7&8            cross LF behind RF – step RF to the right – step forward on LF

Repeat

Have fun and keep on smiling! ☐

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