

Lonely

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner +
編舞者: Stefano Civa (IT) - 20 May 2023
音樂: Here Comes Lonely - Crawford & Power : (Single)



SECT 1 : JAZZ BOX Finished CROSS, SCISSOR CROSS, HOLD

1-2 Cross L over R, step R back
3-4 Step L to L side, cross R over L
5-6 Step L to L side, step R together
7-8 Cross L over R, hold

SECT 2 : WEAVE TO R, SIDE ROCK, ¼ TURN L & R TOE STRUT FWD

1-2 Step R to R side, cross L behind R
3-4 Step R to T side, cross L over R
5-6 R side rock, recover weight on L
7-8 ¼ turn L & step R toe forward, drop R heel (9 :00)

SECT 3 : L TOE STRUT FWD, STEP LOCK STEP, HOLD, ROCK FWD

1-2 Step L toe forward, drop L heel
3-4 Step R forward, cross L behind R
5-6 Step R forward, hold
7-8 Rock L forward, recover weight on R

Restart : wall 3

SECT 4 : ½ TURN L & L TOE STRUT FWD, ½ TURN L & TOE STRUT BACK, ¼ TURN L & L TOE STRUT SIDE, JAZZ BOX (beginning)...

1-2 ½ turn L & step L toe forward, drop L heel (3 :00)
3-4 ½ turn L & step R toe back, drop R heel (9 :00)
5-6 ¼ turn L & step L toe to L side, drop L heel (6 :00)
7-8 Cross R over L, step L back

Final : wall 8

SECT 5 : ... JAZZ BOX finishing STEP FWD, STEP LOCK STEP, HOLD, ROCK FWD

1-2 Step R to R side, step L forward
3-4 Step R forward, cross L behind R
5-6 Step R forward, hold
7-8 Rock L forward, recover weight on R

SECT 6 : ¼ TURN L & L STEP SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS, ROCK SIDE

1-2 ¼ turn L & step L to L side, cross R over L (3 :00)
3-4 Step L to L side, cross R behind L

Restart : wall 6

5-6 Step L to L side, cross R over L
7-8 Rock L to L side, recover weight on R

REPEAT

RESTARTS

Wall 3, after 24 count

Wall 6, after 44 count

FINAL

Wall 8, after 32 count, add the steps :

JAZZ BOX finishing ¼ TURN R & STEP FWD, WALK FWD (R & L), POINT BACK & TOUCH TOE HAT WITH THE L HAND

- 1-2 ¼ turn R & step R to R side, step L forward (12:00)
3-4 Step R forward, step L forward
5 Point R toe behind L & touch the hat with the L hand

**Dance presented Saturday 20 May 2023 by Stefano Civa
Bal of the Clubs « ID Just Dance » & «The Happy Heels » - Varennes-Changy (45290)
stepsheet by BRUNO PENET**
