Keep on Rolling



拍數: 40 牆數: 4 級數: Improver

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音樂: Keep on Rolling (feat. Marianne Veenstra) - Johnny Bolk : (iTunes & Spotify)



Intro 32 counts.

STEP FWD, TOUCH, STEP BACK, TOUCH, SHUFFLE BACK, STEP 1/4 TURN L, TOUCH

1 RF step forward to right diagonal

2 LF touch next to RF

3 LF step back to left diagonal

4 RF touch next to LF

5 RF step back to right diagonal

& LF step next to RF

6 RF step back

7 LF turn ¼ left and step forward

8 RF touch next to LF [9]

ROLLING VINE R, TOUCH & CLAP, ROLING VINE L, TOUCH & CLAP

1 RF turn ¼ right and step forward

2 LF turn ½ right and step back

3 RF turn ¼ right and step to right side

4 LF touch next to RF and clap your hands

5 LF turn ¼ left and step forward

6 RF turn ½ left and step back

7 LF turn ¼ left and step to left side

8 RF touch next to LF and clap hands [9]

*here Restart in 5th wall

STEP FWD, TOUCH, STEP BACK, TOUCH, SHUFFLE BACK, STEP 1/4 TURN L, TOUCH

1 RF step forward to right diagonal

2 LF touch next to RF

3 LF step back to left diagonal

4 RF touch next to LF

5 RF step back to right diagonal

& LF step next to RF

6 RF step back

7 LF turn ¼ left and step forward

8 RF touch next to LF [6]

SHUFFLE FWD, ROCK STEP FWD, SHUFFLE BACK, ROCK STEP BACK

1 RF step forward

& LF step next to RF

2 RF step forward

3 LF rock forward

4 RF weight back on RF

5 LF step back

& RF step next to LF

6 LF step back

7 RF rock backwards

8 LF weight back on LF [6]

PIVOT 1/8 L, PIVOT 1/8 L, JAZZ JUMP FWD, HOLD & CLAP, JAZZ JUMP BACK, HOLD & CLAP

1 RF step forward 2 turn 1/8 left 3 RF step forward 4 turn 1/8 left

*here Restart in 2nd wall

& RF jump slightly forward to right diagonalLF jump slightly forward to left diagonal

6 hold and clap your hands

& RF jump slightly back to left diagonal

7 LF jump next to RF

8 hold and clap your hands [3]

START AGAIN

RESTARTS:

In the 2nd wall, after 36 counts, touch RF next to LF, HOLD and then restart the dance from the top. [6] In the 5th wall after 16 counts restart the dance from the top. [9]

Have fun!