

Baila Baila

拍數: 32 牆數: 4 級數: Improver
編舞者: Ani M (INA) - October 2023
音樂: Bailá Bailá - Alvaro Estrella



Start : 24 C (on lirik You)
Restart : On wall 2 after 16 C
On wall 6 after 16 C
Tag : On wall 4 after 16 C (4 C)
On wall 8 after 16 C (18 C)

S-1 : TOUCH FORWARD R/L-TOUCH SIDE R/L-SAILOR R/L

1-2 Step R touch frwd over L – R touch to side R
3&4 Step R behind L – Step L to side – R in place
5-6 Step L touch frwd over R – L touch to side L
7&8 Step L behind R – Step R to side – L in place

S-2 : FORWARD MAMBO – BACK MAMBO – SIDE MAMBO R/L

1&2 Step R frwd – Recover on L – Step R back
3&4 Step L back – Recover on R – Step L frwd
5&6 Step R to R side – Recover on L – Step R beside L
7&8 Step L to L side – Recover on R – Step L beside R

S-3 : DIAGONAL ROCKING CHAIR SYNCOPATED R/L- BOTAFOGO R/L

1&2& 1/8 turn L (10.30) Step R cross diagonal L – Recover on L- R side – Recover L
3&4 Step R Cross over L – Step L to L side – Step R In place
5&6& 1/8 turn R (13.30) Step L cross diagonal R – Recover on R – L side – Recover R
7&8 Step L cross over R – Step R to R side – Step L In place

S-4 : FORWARD SHUFFLE R/L – DIAMOND ¼ TURN R

1&2 Step R frwd – Step L behind R – Step R frwd
3&4 Step L frwd – Step R behind L - Step L frwd
5&6& Cross R over L – 1/8 turn R step L to back- Step R to back - Hitch LF
7&8 Step L back Cross behind R - 1/8 turn R step To side – Step L frwd.(facing 03.00)

TAG (4 c) SAMBA WISK R/L

1a2 Step R to R side – L cross behind R – Step R in place
3a4 Step L to L side – R cross behind L – Step L In place

TAG (18 c) SAMBA WISK R/L 2X – VOLTA FULL TURN R/L – HIP ROLL

1a2 Step R to R side – L cross behind R – Step R In place
3a4 Step L to L side – R cross behind L – Step L In place
5a6 Step R to R side – L cross behind R – Step R In place
7a8 Step L to L side – R cross behind L – Step L In place.
1&2&3&4 ¼ turn R step R frwd – Recover on L- ¼ turn R step R frwd – Recover on L- ¼ turn R step R frwd - Recover on L- ¼ turn R step R frwd .
5&6&7&8 ¼ turn L step L frwd – Recover on R- ¼ turn L step L frwd – Recover on R- ¼ turn L Step L frwd – Recover on R- ¼ turn L step L frwd .
1-2 Step R to R side – Hip roll from R to L

Enjoy The Dance ☐♥☐

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