

# Hands On Me

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Miske Findriani Paduli (INA) - October 2023  
音樂: Hands On Me (feat. Meghan Trainor) - Jason Derulo



\*Intro: Approx 20 seconds

\*No Tag, No Restart

## Section 1: Side, Close - Cross Toe Strut - Toe Strut (L/R)

1-2            Step R to side, L close together (12:00)  
3-4            Cross R toe over L, R heel down (angle body slightly left)  
5-6            Touch L toe forward, L heel down  
7-8            Touch R toe forward, R heel down

## Section 2: Side, Close - Cross Toe Strut - Toe Strut (R/L)

1-2            Step L to side, R close together (12:00)  
3-4            Cross L toe over R, L heel down (angle body slightly right)  
5-6            Touch R toe forward, R heel down  
7-8            Touch L toe forward, L heel down

## Section 3: Turn 1/8R Jazz Box - Turn 1/4L Paddle - Turn 1/4L Paddle

1-4            Cross R over L, 1/8R step L back, R to side, L cross over R (03:00)  
5-6            Step R forward, turn 1/4L step L in place (12:00)  
7-8            Step R forward, turn 1/4L step L in place (09:00)

## Section 4: Step & Kick Forward (R/L) - Out, Out, Hold - In, In, Hold

1-2            Step R forward, kick L forward  
3-4            Step L forward, kick R forward  
&5-6          Step R out, step L out, hold  
&7-8          Step R in, step L in, hold

Happy dancing & thank you

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