

Throwback Remix

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Patricia Soran (AUT) - October 2023
音樂: Throwback (LIZOT Remix) - Michael Patrick Kelly & LIZOT



Intro: 16 Counts after start of lyrics

Counts [1-8]: CROSS-POINT R+L, CROSS R, ¼-TURN R AND STEP BACK L, ¼-TRIPLE-TURN R

1-4 Cross RF over LF; Point LF to side; Cross LF over RF; Point RF to side
5-6 Cross RF over LF; ¼-turn right (3.00) and step back LF
7&8 Step to side with RF; Step together with LF; ¼-turn right (6.00) and step fwd. with RF

Counts [9-16]: TAP FWD. L, POINT&POINT, HOLD, CROSS BEHIND, ¼-TURN L AND STEP FWD.; ¼-TURN L and SIDE-STEP, TOUCH BEHIND

1-2 Tap LF fwd.; Point LF to side
&3-4 Step together with LF (&); Point RF to side (3); Hold (4)
5-6 Cross RF behind LF; ¼-turn left (3.00) and step LF fwd.
7-8 ¼-turn left (12.00) and step RF to side; Touch LF behind RF

Counts [17-24]: SIDE-CROSS, HOLD, 2x SIDE-CROSS, SIDE-ROCK, CROSS BEHIND, ¼-TURN L, STEP FWD. L

&1-2 Small Step to side with LF (&); Cross RF over LF (1); Hold (2)
&3&4 Small Step to side with LF; Cross RF over LF; Small Step to side with LF; Cross RF over LF
5-6 Rock LF to side; Recover on RF
7&8 Cross LF behind RF; ¼-turn left (3:00) and step RF fwd.; Small step LF fwd.

Counts [25-32]: MOD. HEEL STRUTS R+L; ½-STEP-TURN L, FULL TURN L

1-4 Tap right heel fwd. (1); Small Hitch right (&); Step RF fwd. (2) Tap left heel fwd. (3); Small Hitch left (&); Step LF fwd. (4)
5-6 Step RF fwd.; ½-turn left (9:00) and transfer weight on LF
7-8 ½-turn left (3:00) and step back with RF; ½-turn left (9:00) and step fwd. with LF – or optional walk fwd. R+L

HAPPY DANCING!

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