Sand in My Boots



拍數: 32 牆數: 4 級數:

編舞者: Jim McCaw (UK) - September 2023 音樂: Sand In My Boots - Morgan Wallen



#10 Count Intro, Start On Vocals.

SECTION ONE: NIGHTCLUB RIGHT, BEHIND, SIDE, CROSS, RECOVER, LOCK STEP BACK.

1,2&3 Step right to right,rock left behind right,recover on right,step left to left.

4&5 Step right behind left, step left to left, cross right over left.

6,7&8 Recover on left,step right back,cross left over right, step right back.

SECTION TWO. SAILOR HALF TURN, SHUFFLE FORWARD, ROCK, RECOVER, DRAG, COASTER STEP.

1&2,3&4 Sweep left behind right 1/2 turn left,step on right,step on left,step forward On right,step left

beside right, step forward on right.

5&6,7&8 Rock forward on left,recover on right,drag left long step back,step right Back,step left beside

right, step forward on right.

SECTION THREE: SIDE ROCK CROSS LEFT AND RIGHT, FULL TURN, BEHIND SIDE CROSS,

1&2,3&4 Rock left to left,recover on right,cross left over right,rock right to right, Recover on left,cross

right over left.

5&6,7&8 Step left to left, 1/2 turn right on to right, 1/2 turn right on to left, Step right behind left, step left

to left, cross right over left.

SECTION FOUR: RECOVER, SIDE, CROSS, SHUFFLE 1/4 RIGHT, 1/4 TURN CROSS, 3/4 TURN LEFT

1&2,3&4 Recover on to left, step right to right, cross left over right, step right 1/4 right, Step left beside

right, step forward right,

5&6,7&8 Step left forward, step right 1/4 right, cross left over right, step back on right Turning 1/4

left,step1/2 left,touch right beside left.

Tags: End Of Walls 1&2: Step 8 Put Weight On Right, Then....

Step Left To Left, Touch Right Beside Left.

Restart: Wall 5, Section 2: Dance Up To Step 6 (Drag Back) Touch Right Beside Left, Then Restart Dance.