Wo Ceng Yong Xin Ai Zhe Ni (我曾用心

爱着你)



編舞者: Foo Sally (MY) - October 2023

音樂: Wo Ceng Yong Xin Ai Zhe Ni (我曾用心爱着你) (DJ京仔版) - Zhu Xiao Zhu (朱小

朱)



BEGIN DANCE AT VOCAL: Approximately sec.0.17 sec of track 18 c

No tag one restart at Wall 1 after dancing 32 c.

Dance sequence: Begin dance at 12.00 WaLL 1 dance 32 c, Restart (64c), Wall 2 (64c), Wall 3 (64c) Wall 4 (64c), Wall 5 (64c), Wall 6 (64c), Wall 7 (64 c), Wall 8 (64 c) END

(1 -16) SEC 1 : WALK FORWARD R,L,R,L, (RF CROSS OVER LF ,RECOVER, LF CROSS OVER RF RECOVER.)X 2, (HIP SWAY R,L) \times 2

1-4 (1) RF step fwd,, (2) LF step fwd, (3) RF step fwd, (4) LF step fwd.

5-8 (5) RF cross over LF, (6) Rf recover, (7) LF cross over RF, (8) LF recover

1-4 (1) RF cross over LF, (2) RF recover, (3) LF cross over RF, (4) LF recover

5-8 (5) Hip sway to right, (6) hip sway to Left, (7) hip sway to right, (8) hip sway to left

(17 - 32) SEC 2: (RIGHT LOCK STEP) X4, (LEFT LOCK STEP) X4

1,2,3,4 Rf step fwd, Lf step behind RF, Rf step forward,Lf step behind RF.

5,6,7,8 Rf step fwd, Lf step behind RF, Rf step forward, Lf step behind RF

1,2,3,4 LF step fwd left, RF step behind LF, LF step forward, RF step behind LF

5,6,7,8 LF step fwd left, RF step behind LF, LF step forward, RF step behind LF

(Restart here at Wall 1 after dancing 32 c)

(33 -40) SEC 3: (RF HITCH & STEP BACK, LF HITCH & STEP BACK,) X 2.

1-2,3-4 RF hitch & step back, LF hitch & step back,

5-6,7-8 RF hitch & step back,LF hitch & step back

(41 -48) SEC 4: (RF SAILOR, LF SAILOR)X 2

1&2,3&4 RF cross behind LF, recover, LF cross behind RF, recover

5&6,7&8 LF cross behind RF, recover, RF cross behind LF, recover

(49 -56) SEC 5 : WALK FORWARD R,L,R,L WITH HIP SWAY. (Both hands move up and down optional) (ON THE SPOT HIP SWAY RIGHT,LEFT.) X 2

1 - 4 (RF walk forward hip sway to right, LF walk forward hip sway to left.) X 2

5 – 8 (hip sway right, hip sway left) X 2

(57-64) SEC 6: PIVOT L TURN TO NEXT WALL, WALK X 4, WALK IN PLACE RF, LF, RF, LF.

1-4 L turn walk forward RF,LF,RF,LF.

5-8 Walk in place RF,LF,RF,LF

Begin dance again. Happy dancing

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