

# Believe

拍數: 32                      牆數: 4                      級數: High Beginner  
編舞者: Bertha Arseneau (CAN) - February 1995  
音樂: Believe - Cher  
或: Believe - Remix by Niteblue - Cher  
或: Give It To Me - Madonna  
或: Disturbia - Rihanna



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## [S.1] Rock, Recover, Shuffle step, Rock, Recover, Shuffle step (1-8)

1-2                      Rock R.F. over L.F. (1), Recover on L.F. (2)  
3&4                      Shuffles steps right diagonally back (R.L.R.) (3&4)  
5-6                      Rock L.F. over R.F. (5), recover on R.F. (6)  
7&8                      Shuffle steps left diagonally back (L.R.L.), (7&8)

## [S.2] Sway Sway, Shuffle steps in place R & L (9-16)

1-2                      Step R.F. slightly diagonally forward & sway right (1), sway left (2)  
3&4                      Shuffle step in place (R.L.R.) (3&4)  
5-6                      Step L.F. slightly diagonally forward, sway left (5), sway right (6),  
7&8                      Shuffle step in place (L.R.L.) (7&8).

## [S.3] Forward Turning Vine (Option: Walk Forward), Vine L. with ½ Turn Left (17-24)

1-4                      Step fwd with R.F. (1), step back on L.F. to ½ turn R (2), step forward on R.F. to ½ turn right (3), hitch left knee up or touch L. toe next to R.F. (4),

### (Option : Walk forward RL R hitch L knee or touch L. toe next to R.F)

5-7                      Step L.F to L. (5), step R.F behind LF (6), with ½ turn left step L.F. in place (7), (6:00)  
8                        Step R.F. next to L.F. (8).

## [S.4] Step, Clap, & (2x), & Shuffle Step with 1/4 turn L., Step Pivot 1/2 Turn Left (25-32)

1-2&                      Step L.F. left (1), hold & clap (2), step R.F. next to L.F. (&),  
3-4&                      Step L.F. left (3), hold & clap (4), step R.F. next to L.F. (&),  
5&6                      Step L.F. to left (5), step R.F. next to L.F. (&), step L.F. left 1/4 turn left. (6), (3:00)  
7-8                      Step forward on R.F. (7), pivot 1/2 turn left, step L.F.in place (8) (9:00)

Start Over...

(Revised July 2023)

Last Update - 19 Oct. 2023 - R1

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