

# BETTER (You Could Do Better)

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Marianne Langagne (FR) - 14 October 2023  
音樂: Better - Ben Chase : (Album: That Was Then - This is now)



Intro : 16 counts – 2 Restarts – 1 Tag (at the end of 3rd Wall – facing 12:00)

Chorégraphied for 20th Birthday of « Folie's Troupe » (27) . Thank's them for their invitation ☐

## Section I : STOMP FWD, HEEL SPLIT, COASTER STEP, STEP LOCK STEP, TOE - HEEL – CROSS

1&2            Stomp RF Fwd, Heels out, return to the center ( weight on LF)  
3&4            RF Back, Together, RF Fwd  
5&6            LF Fwd, Close RF behind LF, LF Fwd  
7&8            Touch R Toe next to LF (Knee In), R Heel Fwd, Cross RF over LF (weight on RF)

## Section II : RUMBA BOX, COASTER STEP STEP ½ TURN L

1&2            LF to the L, Together, LF Fwd  
3&4            RF to the R, Together, RF Back  
5&6            LF Back, Together, LF Fwd  
7-8            RF Fwd, Pivot ½ Turn L (weight on LF) 6:00

- Restart here 2nd Wall (Facing 9:00) & 7th Wall (Facing 6:00)

## Section III : TRIPLE STEP , TRIPLE STEP, VAUDEVILLE ¼ TURN R, VAUDEVILLE ¼ TURN L

1&2            RF Fwd, Together, RF Fwd  
3&4            LF Fwd, Together, LF Fwd  
5&6            Cross RF over LD, ¼ Turn R – LF Back, R Heel Fwd 9:00  
&              Together (weight on RF)  
7&8            Cross LF over RF, ¼ Turn L- RF Back, L Heel Fwd 6:00  
&              Together ( weight on LF)

## Section IV : STEP ¼ TURN L, BEHIND SIDE CROSS, SIDE TOUCH ( L & R ) , ½ RUMBA BOX

1-2            RF Fwd, Pivot ¼ Turn L (weight on LF) 3:00  
3&4            Cross RF behind LF, LF to the L, Cross RF Fwd  
5&            LF to the L, Touch RF next to LF  
6&            RF to the L, Touch LF next to RF  
7&8            LF to the L, Together, LF Fwd

## TAG: STOMP FWD, HEEL SPLIT, COASTER STEP, STEP ¼ TURN R,CROSS, SIDE ROCK

1&2            Stomp RF Fwd, Heels out, return to the center ( weight on LF)  
3&4            RF Back, Together, RF Fwd  
5&6            LF Fwd, Pivot ¼ Turn R (weight on RF), Cross LF over LF (You'll be at 3:00)  
7-8            RF to the R, Recover on LF

Moove, Dance & have Fun

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