

My Gummie Just Kicked In

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Sheryl Bradley (USA) - October 2023
音樂: My Gummie Just Kicked In - Jimmy Buffett



#4 Count intro - Two 4 count tags, one restart

SYNCOPATED EXTENDED VINE, RIGHT HEEL SWIVALS WITH A HOOK, L KICK BALL CROSS

1,2,3&4 Step RF to side, LF behind RF, step RF to side, step LF over RF, step RF to side
5&6 On balls of feet, swivel heels right, left, right at same time hook LF over RF
7&8 Kick LF forward, recover on LF, cross RF over LF

SYNCOPATED L AND R STEP-LOCK-STEPS, FORWARD R MAMO, BACK LOCK BACK

1&2& Step LF forward, RF behind LF, Step LF forward, Step RF forward
3&4 Step LF forward, RF behind LF, Step LF forward
5&6 Step RF forward, recover weight on LF, Step RF next to LF
7&8 Step LF back, Step RF over LF, Step LF back

Tag here on wall 2 (9 o'clock) and 5 (3 o'clock).

Restart here on wall 8 facing 9 o'clock.

SYCOPATED REVERSE ROCKING CHAIR, CHASE TURN ½ RIGHT, R&L SCISSORS

1&2 Rock back RF, recover LF, Step RF forward
3&4 Step LF forward, turn ½ step on RF, Step LF forward
5&6 Step RF to R side, recover LF, Cross RF over LF
7&8 Step LF to L side, recover RF, Cross LF over RF

TWO 1/4 R MONTEREYS, CHASE TURN ½ L, ¼ R PADDLE, CROSS

1&2& Point R toe to R, turn ¼ R step on RF, point L toe to L, recover on LF
3&4& Point R toe to R, turn ¼ R step on RF, point L toe to L, recover on LF
5&6 Step RF forward, turn ½ L step on LF, step RF forward
7&8 Step LF forward turning ¼ R, step on RF, cross LF over RF

TAGS: MODIFIED R COASTER BACK

1&2& Step RF back, step LF next to RF, Step RF forward, Step LF next to RF

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