Shuffle and Friends



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Nicole Klein (DE) - October 2023

音樂: Country Girl (Shake It for Me) - Luke Bryan: (Amazon music)



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Intro 32 counts (starts on the word "gotta")

S1 SHUFFLE FWD - CHASSE - ROCK BACK - CHASSE*

1&2 RF step forward, LF step next to RF, RF forward, 3&4 LF step to L, RF step next to LF, LF step to L,

5-6 RF back, recover,

7&8 RF step to R, LF next to RF, RF step to R.

S2 SHUFFLE FWD - CHASSE -ROCK BACK- CHASSE (12:00)

1&2 LF step forward, RF next to LF, LF step forward,3&4 RF step to R, LF step next to RF, RF step to R,

5-6 LF back, recover,

7&8 LF step to L, RF next to LF, LF step to L.

S3 STEP ½ TURN - SHUFFLE FWD - ROCKING CHAIR (6:00)

1-2 RF step forward, ½ turn left,

3&4 RF step fwd, LF next to RF, RF step forward, 5-6-7-8 LF step forward, recover, LF step back, recover.

S4 SHUFFLE FWD - STEP 1/4 TURN - ROCKING CHAIR (3:00)

1&2 LF step forward, RF next to LF, LF step forward,

3-4 RF step forward, ¼ Turn left,

5-6-7-8 RF step forward, recover, RF step back, recover.

Start again & have fun:)

* Ending: After Section 1 facing 9.00: add 2 counts (1) stomp LF to L (2) turn head facing (12:00)

Dedicated to my American sis Melanie & my "Angels in boots" <3

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