

I'll Be Here

拍數: 64 牆數: 2 級數: High Improver
編舞者: Sheila Kenny (USA) - October 2023
音樂: I'll Be Here - Colbie Caillat & Sheryl Crow



#10 ct Intro. 4 Restarts, 2 Tags, 1 Bridge

Sec. 1 Skate, Fwd. Shuffle, Rock, Recover, Back Coaster

1,2 Slide RF forward on slight right diagonal, Slide LF forward on a slight left diagonal
3&4 Step RF forward, Step LF next to RF, Step RF forward
5,6 Rock LF forward, Recover weight on RF
7&8 Step back on LF, Step RF next to LF, Step LF forward

Sec. 2 ½ Turn Left, Fwd. Shuffle, Rock, Recover, Back Coaster

1,2 Step RF forward and pivot to ½ left turn, Recover weight on LF (6:00)
3&4 Step RF forward, Step LF next to RF, Step RF forward
5,6 Rock LF forward, Recover weight on RF
7&8 Step back on LF, Step RF next to LF, Step LF forward

Tag Wall 3 (6:00), Restart Wall 4 (6:00)

Sec. 3 Skate, Hinge ¼ Turn Right x 2, Jazz Box

1,2 Slide RF forward on slight right diagonal, Slide LF forward on slight left diagonal
3,4 Step RF back making ¼ turn right, Recover weight on LF (9:00)
5,6 Cross RF over LF, Step back on LF
7,8 Turn ¼ right stepping RF forward, Step LF next to RF (12:00)

Sec. 4 Skate, Hinge ¼ Turn Right x 2, Jazz Box

1,2 Slide RF forward on slight right diagonal, Slide LF forward on slight left diagonal
3,4 Step RF back making a ¼ turn right, Recover weight on LF (3:00)
5,6 Cross RF over LF, Step back on LF
7,8 Turn ¼ right stepping RF forward, Step LF next to RF (6:00)

Bridge Wall 6 (12:00), Tag Wall 8 (12:00) END

Sec. 5 Sweeps, R Full Turn

1-4 Sweep RF out & around slightly behind LF, Sweep LF to back of RF, Sweep RF around,
Scuff LF forward
5-8 Recover weight on LF, Turn ½ turn right stepping RF forward (12:00), Turn ¼ turn right
stepping forward on LF (3:00), Turn ¼ turn right stepping RF forward (6:00)

Restart Wall 2* (12:00), Restart Wall 5* (6:00) & Wall 7* (6:00)

Sec. 6 Vine x 2

1-4 Step LF to side, Step RF behind LF, Step LF to side, Scuff RF
5-8 Step RF to side, Step LF behind RF, Step RF to side, Scuff LF

Sec. 7 Rock, Recover, Back Coaster

1,2 Rock forward on LF, Recover weight on RF
3&4 Step back on LF, Step RF next to LF, Step LF forward
5,6 Rock forward on RF, Recover weight on LF
7&8 Step back on RF, Step LF next to RF, Step RF forward

Sec. 8 Full Shuffle Turn

1,2 Rock LF forward, Recover on RF
3&4 Turn ½ turn left stepping LF forward, Step RF next to LF, Step LF forward (12:00)

5,6 Turn ½ turn left stepping RF forward, Pivot weight onto LF (6:00)
7,8 Step RF forward, Step LF next to RF

Tag 12 cts. Vine x 2, Fwd. Shuffle x 2

1-4 Step RF to side, Step LF behind RF, Step RF to side, Scuff LF
5-8 Step LF to side, Step RF behind LF, Step LF to side, Scuff RF
9&10 Step RF forward, Step LF next to RF, Step RF forward
11&12 Step LF forward, Step RF next to LF, Step LF forward

Bridge 24 cts. Sections 6,7&8 Interval between Sections 4&5 Wall 6 (12:00)

Note: There are several musical transitions. All very distinct and consistent. Easy to recognize.

***Step LF forward after full turn on sec 5 only prior to restarts.**

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