

# Past Lives

COPPER KNOB  
STEPSHEETS

拍數: 16      牆數: 4      級數: Beginner  
編舞者: Hiroko Carlsson (AUS) - October 2023  
音樂: Past Lives - XALMA : (Spotify)



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(Intro: 16 counts)

## [S1] Shuffle Fwd, Rocking Chair, Shuffle Fwd, Fwd Rock-Back w/ Sweep

1&2            Shuffle forward on R-L-R  
3&4&          Rock forward on L, Replace weight on R, Rock back on L, Replace weight on R  
5&6            Shuffle forward on L-R-L  
7&8            Rock forward on R, Replace weight on L, Step back on R sweeping L foot around

## [S2] Behind-1/4R-Scissor-Cross-Side-Behind-Side, Cross w/ Sweep-Cross-Side-Behind-1/4L-Step-Pivot 1/4L

1&2&            Step L behind R, Make a ¼ turn right stepping forward on R (3:00), Step L to the side, Step R next to L  
3&4&            Cross L over R, Step R to the side, Step L behind R, Step R to the side  
5 6&            Cross L over R sweeping R foot around, Cross R over L, Step L to the side  
7&8&            Step R behind L, Make a ¼ turn left stepping forward on L (12:00), Step forward on R, Make a ¼ turn left recover weight on L (9:00)

No tags or restarts

(updated: 11/Oct/23)

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