

# Best of My Boo

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jonno Liberman (USA) - August 2023  
音樂: Lil Boo Thang - Paul Russell



## No Tags or Restarts

Intro: 8 Count

### [1-8] 3/4 Walk Walk Triple Step Walk Walk Triple Step (3:00)

Walking counter-clockwise, use the following eight counts to walk 3/4s of a circle to 3:00

1, 2            Step R forward, Step L forward  
3&4            Step R forward, Step L next to R, Step R forward  
5, 6            Step L forward, Step R forward  
7&8            Step L forward, Step R next to L, Step L forward (3:00)

### [9-16] Side Heel Hold Collect Hold x2 (3:00)

&1-2            Step R to right, Touch L heel to left, Hold  
&3-4            Step L to center, Step R next to L, Hold  
&5-6            Step L to left, Touch R heel to right, Hold  
&7-8            Step R to center, Step L next to R, Hold

### [17-24] Dip Back, Dip Front, Vine Right (3:00)

1, 2            Step R back as you dip down and slightly open body to right, Keep weight on R as you raise back up  
3, 4            Begin shifting forward to L as you dip down, Keep weight on L as you raise back up  
5, 6            Square up to 3:00 as you step R to right, Cross L behind R  
7, 8            Step R to right, Touch L next to R

**Optional Styling: Add hip bumps during the dips.**

### [25-32] Dip Back, Dip Front, Slide, Kick Ball Step (3:00)

1, 2            Step L back as you dip down and slightly open body to left, Keep weight on L as you raise back up  
3, 4            Begin shifting forward to R as you dip down, Keep weight on R as you raise back up  
5-6            Square up to 3:00 as you step L to left, Slide R to L  
7&8            Kick R forward, Step R next to L, Step L forward

## Simplified Options:

You can use any mix of the regular steps above or the simplified options below at any point in the dance. Don't be afraid to add your own styling.

### [1-8] 3/4 Walk Walk Toe Strut Walk Walk Toe Strut (3:00)

Walking counterclockwise, use the following eight counts to walk 3/4s of a circle to 3:00

1, 2            Step R forward, Step L forward  
3, 4            Touch R toe forward, Take weight onto R  
5, 6            Step L forward, Step R forward  
7, 8            Touch L toe forward, Take weight onto L (3:00)

### [9-16] Side Heel Collect x2 (3:00)

1, 2            Step R to right, Touch L heel to left  
3, 4            Step L to center, Step R next to L  
5, 6            Step L to left, Touch R heel to right  
7, 8            Step R to center, Step L next to R

**[17-24] Bump Back, Bump Front, Vine Right (3:00)**

- 1, 2 Step R back as you bump R hip back, Bump R hip again
- 3, 4 Shift onto L as you bump L hip forward, bump L hip again
- 5, 6 Square up to 3:00 as you step R to right, Cross L behind R
- 7, 8 Step R to right, Touch L next to R

**[25-32] Bump Back, Bump Front, Side, Touch, Front, Back (3:00)**

- 1, 2 Step L back as you dip down and slightly open body to left, Keep weight on L as you raise back up
- 3, 4 Begin shifting forward to R as you dip down, Keep weight on R as you raise back up
- 5, 6 Square up to 3:00 as you step L to left, Touch R next to L
- 7, 8 Touch R toe or heel forward, Touch R toe back

**Dance Your Yaaas Off**

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**Last Update: 10 Oct 2023**

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